

## EUCCHARISTIC ADORATION

St Oliver Plunkett Church, Kilcloon,  
near Maynooth.

### ▪ Eucharistic Adoration

Tuesday 9am to 9pm

Thurs 9am to 10 pm

Thursday 3pm: Chaplet of Divine Mercy

8pm: Cenacle prayers in response to the  
Church's call to honour the Blessed Sacrament



## KNOW WHAT TO BELIEVE!

**24 Hour Catholic TV now on SKY & UPC**  
Eternal Word Television Network, EWTN, the  
24 hour, 7 days a week Catholic television  
network founded by Mother Angelica — is now  
on **Sky TV, channel 589**, and on **UPC, channel  
815**. For more info contact St Brigid Media  
Ltd, PO Box 352, Limerick. 061-394400,  
[ewtn@eircom.net](mailto:ewtn@eircom.net)

## ROOM IN YOUR HOME?

Do you have room in your home and in your  
heart for a 16 to 18yr old young person. The  
HSE have limited openings in our in our  
Supported Lodgings Scheme in the Kildare area.  
Assessment will include undergoing a structured  
assessment, garda clearances, references,  
medical. For further information please contact  
social work dept on 045 873200 and leave a  
message for Mary Clancy, social worker, to call  
you back

## Dignity of Life at All Stages

A weekly prayer vigil and guided holy hour for  
the protection of human life at all stages takes  
place in the St. John of the Cross oratory, St.  
Teresa's Church, Clarendon St. Dublin 2, every  
Wed evening, 7 to 8pm (+ cup of tea!)  
*All welcome.*

## Eucharistic Adoration

**St. Conleth's Parish Church, Newbridge,**

Silent Adoration daily 10 am - 10pm daily.

Extended Adoration every first Friday

From 10.am to 12.00 midnight.

Could you commit to adore Jesus in  
the Blessed Sacrament for an hour  
per week, particularly during lunch or  
supper time period? Please do call in  
and place your petitions in our petition box.



## The Irish Hospice Foundation

### LOSS & BEREAVEMENT

The Irish Hospice Foundation provides a range  
of training services on Loss and Bereavement.

Places on all workshops are limited -early  
booking is advisable. See [www.hospice-  
foundation.ie](http://www.hospice-<br/>foundation.ie).

• [info@hospice-foundation.ie](mailto:info@hospice-foundation.ie)

Phone 01 6793188

## Arthritis Ireland

### Kildare Branch Activities

**Newbridge - Beginners Seated Exercise classes** for  
people with arthritis take place in Newbridge  
Daycare Centre every Monday at 11am sharp.  
Admission €5

**Kilcullen - Beginners Seated Exercise classes** for  
people with arthritis take place in Kilcullen Parish  
Centre every Tuesday at 10.30am sharp. Adm €5

**Suncroft - Beginners Seated Exercise classes** for  
people with arthritis take place in Suncroft  
Community Centre every Tuesday at 2.30pm sharp.  
Admission €5

**Clane Swim & Aqua exercise** in Westgrove  
Hotel. Wednesdays 11am - 11.30am Fridays Time:  
2pm-2.30pm Admission €5, participants will also  
have access to the pool, jacuzzi and steam-room  
facilities.

**Celbridge Warm Water pool, Swim &  
Aqua** Classes for people with Arthritis takes place at  
St Raphael's Hydrotherapy Pool, Celbridge every  
Wednesday:5pm-6pm. Cost €5 includes instruction  
and use of warm water pool.

**Naas K Leisure Aqua** - Please ring K Leisure Naas  
at 045 881655 to see when next 6 week course start  
for the over 55s and people with arthritis. €30 for 6  
sessions

**Newbridge Walking Group for People with  
Arthritis.** Meet at Lumville Hse Car Park every  
Tuesday at 10.30am sharp for walk on the Curragh.  
Contact Johnny at 431399 or Claire at 433803 for  
further details. Wear comfortable clothing and  
footwear and bring rainproof gear!

**Maynooth Walking Group for People with  
Arthritis.** Meet on Mondays at 12 noon at Maynooth  
Community Space (near Post Office) in Tesco Car  
Park Contact Michael at 0876622740

**Athy Walking Group for People with Arthritis.**  
Meet on Mondays at 2.30 at O'Brien's Emily Square.  
Phone Mary 0863594633 or Monica 0876257252

## Alanon

### Meetings

(Alanon meetings in Blessington, Rathcoole ended)

**The Naas meeting** is 8pm, **Athy** is 8pm

**Tullamore** is 8pm, **Portlaoise** - Friday 8pm, St.

Fintan's Hospital, Dublin Road, Portlaoise.

We are in the process of opening a new meeting in  
Kilcullen.

We also have a new Alanon website and helpline

"I saw your ad in the Open Door" 13

## Bring your business

into 6000 homes every week

01-6106522 –

01-6273219

087-9381997,

[info@theopendoor.ie](mailto:info@theopendoor.ie)

[www.theopendoor.ie](http://www.theopendoor.ie)

## The Benenson Society

**PRO-LIFE protector of  
ALL people's rights!**

Please take a look at The  
Benenson Society's  
website and please  
publicise widely -  
[www.benensonsociety.org](http://www.benensonsociety.org)

The option to the former  
defender of (all) life –  
'Amnesty International', the  
Benenson Society was set up  
in protest at the about-turn  
by Amnesty, despite colossal  
worldwide protest, in no  
longer defending the most  
vulnerable of all human  
beings – the baby in the  
womb.

Peter Benenson (31 July  
1921 – 25 Feb 2005) was an  
English lawyer and the  
founder of Amnesty  
International.

## KILDARE / WEST WICKLOW



### INDOOR BOWLS

31 registered Clubs and new  
members are always  
welcome. Indoor bowls is a  
very low impact sport suitable  
for all age groups and a great  
way of meeting new friends.

A list of Clubs is available on  
our face book page or contact  
the Development Officer on  
087-7538664

## HEART TO HAND

We are currently urgently looking for food  
supplies and donations.

The following are needed: Pasta, rice, porridge,  
beans & peas, soup, soap or toothpaste.

If you can help- 0402 37260

[www.hearttohand.net](http://www.hearttohand.net)

*Thanks in advance!*

## MAYNOOTH GARDEN CENTRE

Leixlip Road, Maynooth (beside Tesco)

Full array of  
**Decorative stone & pebble**

for graves, flower beds, gardens etc...

Great deals on 1 tonne bags

Call Vincent on 087-6874485- order & delivery

