



JESUS
I TRUST IN YOU!
(THE IMAGE OF
DIVINE MERCY)

THE OPEN DOOR



'Where Peter
is,
there is
the
Church'

www.theopendoor.ie

WEEKLY, Dec 4, 2016, (859)

FREE to 6000 homes each week

The Season of Advent A Time of Preparation

Advent is a period of preparation for Christmas, extending over the four Sundays after the Feast of Christ the King. It is the start of the Church's year which runs from Advent through Christmas, Lent, Easter and ends with the next feast of Christ the King.



The word *Advent* comes from the Latin *advenio*, "to come to," and refers to the coming of Christ. This refers, first of all, to the celebration of Christ's birth at Christmas; but second, to the coming of

Christ in our lives through grace and the Sacrament of Holy Communion; and finally, to His Second Coming at the end of time. Our preparations, therefore, should have all three comings in mind. We need to prepare to receive Christ worthily in Holy Communion on Christmas Day..

First We Fast, Then We Feast ...

That's why Advent has traditionally been known as "little Lent." As in Lent, Advent should be marked by an increase of prayer, fasting, and good works. While the Western Church no longer has a set requirement for fasting during Advent, the Eastern Church, both Catholic and Orthodox, continues to observe a fast. Traditionally, all great feasts have been preceded by a time of fasting, which makes the feast itself more joyful.

Sadly, Advent today has been supplanted by "the Christmas shopping," so that many people no longer enjoy the feast and miss the whole point of Christmas Day.

Charity Christmas Fair in aid of Tiglin & their 'No Bucks Cafe'

It takes place at St Joseph's Hall, Kilcock, on
Dec 3rd from 10am-4pm.

Local vendors will be selling a wide selection of homemade crafts. Visit from Santa and live music provided by local choirs. Great raffle prizes on the day.

• All raffle proceeds go to charity

Festive fun family day, great opportunity to get some Christmas shopping done. Collecting donations on the day of new or good condition sleeping bags, blankets, hats, scarves etc for the charity.

For more information please check out, like and share our event at

www.kilcockcraftfair.info

'Prepare a way

for the Lord'

Advent Day of Prayer for 20-40
year olds, men and women

3rd of December,

**10 am to 6 pm at the
Divine Master Convent,**

Blackrock, Co. Dublin. For more
information, contact Sr. Louise at

srlouisepd@gmail.com or ring:
01 2114949 or

facebook: PDDM Dublin

■ HOUSE ■ WANTED ■ TO PURCHASE

3/4 bedroom, in Celbridge,
Leixlip, Maynooth, Lucan,
Enfield, Nth Kildare area ...
Private sale, no fees, no fuss,
and quick closure.

087-3975843 087-9411392

INSULATION

SEAI Reg'd

MATTHEW & SON

info@matthewandson.ie
www.matthewandson.ie

087-2347327

Tel/Fax 01-6244249

- Top of the Town - Dry Cleaners & Laundrette

Main St, Celbridge Ph 01-6288759, 087-2446365



36 years serving Celbridge

Specialists cleaning -

- Wedding dresses
- Leather and suede
- Wax jackets, Rugs

www.drycleanerscelbridge.com

Counselling Psychologist

If you suffer from anxiety,
depression, stress or
relationship problems, please
contact

Dr Albert Osthoff

at 086 6836779 or

albert.osthoff@outlook.com

Based in Newbridge

Denture Clinic

Brian Mee C.D.T.

- Full dentures
 - Partial dentures
 - Repairs, additions etc.
- Main St, Sallins, Co Kildare
By Appointment Only
Phone 045-855799
086-2477700

Window & Chimney Clean

Experienced, very clean, affordable, vacuum / brush...



David 087 8245534
davidkilloran173@gmail.com

FOOT STOP



Podiatry Clinic, Naas
For expert advice in footcare

045-895452

footstop@eircom.net
www.footstopfootclinic.ie
Footcheck Appointments

ATLANTIC FLOOR SANDING

Specialist in Domestic & Commercial

- Solid/semi-solid floors,
 - Sanded, stained, lacquered
- www.atlanticflooring.ie
Free quote from Bernard
0872321737, 01-6242727

BLINDS

Complete range, repair service, free measure & fitting, 38 yrs experience
Denis Malone
01-6210100 / 085-7338847

LOCAL ELECTRICIAN

ECSSA reg'd, fully insured
• Competitive prices
• All areas, free quotes
Ger: 086 106 9157

UPHOLSTERY

- Excellent work,
 - Free quote
- Phone John
01-6244318
086-6021445



Celbridge District Credit Union Ltd

01-6273636

- Closed Mondays
Tue/Wed: 9.30-5.00
Thur :9.30 - 6.00

Fri: 9.30-6.30, Sat: 9 - 3.00

PHONE A LOAN...

Mon - Fri 1890-627272

www.cdclu.ie

Celbridge District Credit Union Ltd is regulated by the Central Bank of Ireland

Parish of Celbridge & Straffan

Fr Paul Taylor, P.P. 6275874, Fr Kevin Doherty CC, 5031429, Fr Brian McKittrick. Parish Office 6288827, 9.30-1.30 Mon-Fri; Sacristy 6275942, www.celstra.ie
Mass times; Vigil Sat 630pm, Sun: 8.30am, 9.30, 11, 12.30, 7pm.
Holy Days; 7.00pm (Vigil), 8, 10, 12, 7.00pm. Bank hol 11am
Straffan: Vigil 6.00pm, Sun 11am. Holydays: Vigil 6.00, 11am
Mon to Fri: 10am, 7.00pm (Celb), Salesians 8.20
Confessions: Saturdays: after 10am Mass to 11.30
Divine Mercy Devotions: After 7pm Mass, Mon. + St.Faustina's relic.
Straffan: Daily Mass, Mon- Fri, 9.15am. Holy day/bank hol 10am

EXPOSITION OF THE BLESSED SACRAMENT
-Parish Church, third Sunday of each month, 4.00- 5.30, concluding with evening prayer and Benediction.
-In the Salesian Oratory, Sats. 8pm to 10pm; All welcome.
- St Raphael's Oratory; every day, 11.00am -3.00pm
BAPTISMS: St Patrick's Church - Sunday 2pm:
St Brigid's Church, last Sunday of month, 12.15pm
Pre- Baptism meetings Tuesday 8pm in St. Patrick's Church. To book contact Myles 01 6275942

Naas, Sallins & Two Mile House

Fr. Liam Morgan P.P. 087 1337879 Fr Joe O'Neill CC 045 876197
Fr Michael Flattery, 089 4985973 Fr Alex Kocchatt, 045 888599
Church of Our Lady and St. David, Sallins Rd
Sunday Mass: Sat. (Vigil) 6pm. Sun. 9am, 11, 6pm.
Holy Days: 7.30am, 10am. (except Sat 10am only)
Weekdays: 7.30am, 10am. (10am on Sat)
Confessions: Sat after 10am Mass, Baptisms: 2nd & 4th Sundays
Office/ Shop 045-879730. Mon to Fri 10-5..

Church of the Irish Martyrs, Ballycane, Naas
Sunday Mass: Sat. (Vigil) 7.30pm. Sun. 10.30am, 12noon
Weekdays: Mon. Wed. Fri 7.30pm. Holydays: 12, 7.30pm.
Exposition: Mon-Fri, 10am to 7pm and Wednesday 10am - 9.30pm Baptisms: Every Saturday at 12.30pm.
Office: Phone 045-895629; Mon-Fri 10am -1pm
Church of Our Lady and the Guardian Angels, Sallins
Sunday Mass: Sat. (Vigil) 6.30pm. Sun. 10am. 12noon.
Weekdays: Tue & Fri. 10.00am, Holy Days: 10.00am.
Confession: Sat. after 6.30pm Mass, Baptism: 1st Saturdays, 5pm.
Exposition of Blessed Sacrament, Tues 10.30 - 11am
Parish Office: Phone 045 879730 Mon-Fri 10am to 1pm
Church of St. Peter, Two-Mile-House - Sunday: 11.00am, Fri. 7.30pm, Holy day 9.30, Baptism 2nd Sun each month 11.45

Parish of Divine Mercy- Lucan South

Fr. Eamon Burke PP - 01-4056858
Sunday Mass Times: 6.30 (Vigil), 10.30, 12.00.
Mon-Fri: 9.15, Sat 10; Confession Sat before 6.30 Mass.
Baptism: Sundays 1.00; 2 weeks notice.
Exposition of Blessed Sacrament:
Fri 9.15am to 3pm, Benediction & Divine Mercy Chaplet.

Clondalkin Parish Ph/Fax, 459 3520

Church of The Immaculate Conception and St. Killian
Parish Office: 00353 1 459 3520, Weekdays 9.30am - 12.30pm
clondalkinchurch@eircom.net www.clondalkinparish.com
Administrator: Rev. Damian Farnon, Tel. 459 2665
Assistant Priest: Rev. Padraig O'Sullivan, 464 0441
Masses: Sundays (Vigil) 7.30pm, Sunday 9am. (Gaeilge) 10.30am (Choral), 12noon (Family) and 5.30pm.
Weekdays (Monday - Friday) - 7.30am and 10am. Saturday 10am.
First Fridays - 7.30am, 10am and 7.30pm.
Holy Days - 7.30pm (Vigil), 7.30am, 10am, 1pm, 7.30pm.
Confessions: Saturdays 10.30 to 11am and 6.45pm to 7.15pm.
Baptisms: 2nd and 4th Sundays after 12 noon Mass (by appointment)

St Brigid's Parish, Kill, Johnstown, Ardclough

Priests: Fr Willie O'Byrne, P.P., Tel 045-878008.
Fr M. Kelly, CC, 045- 877880
Sunday Mass: Kill: Sat. (Vigil) 7.30, Sun: 11am, 12.15pm.
Ardclough: Sunday 9.30am.
Weekday Mass: Kill: Mon-Sat 10am & Fri. 7.30pm.
Ardclough: The 1st Friday every month, 8.30pm;
Confessions: Sat after 10am. Mass and 1st Friday
Parish Office: Mon-Fri. 9.30-12.30, (045) 878008

Parish of Clane & Rathcoffey

Fr Paul O'Boyle, PP, 045-868249,
Weekday Mass; Mon-Fri, 10am Clane
Sunday Mass: Sat vigil Clane 6.30pm, Sun 9.30, 11.30
Rathcoffey: 10.30. Confessions: before Saturday 6.30 Mass
Parish Office Mon-Sat 9.30 - 4pm, beside Church 045 861393

Parish of Dunboyne & Kilbride

Parish Office Mon-Fri 9.30-1, 1.30-5pm, 01-8255342,
Mgr. Dermot Farrell PP, Fr Mark English CC, Fr Gabriel Flynn PC.
Email- dunboynekilbride.parish@gmail.com
Mass times Dunboyne Vigil Sat 7pm, Sun 9am, 11.30.
Kilbride Vigil Sat 6pm, Sun 10am
Holy Days Dunboyne 9am Kilbride 10am.
Confessions After 10am Mass, before 7pm Mass in Dunboyne.
Before 6pm Mass in Kilbride.
Daily Mass Dunboyne 9am weekdays, 10am Saturday. 8pm only on 1st Fridays.
First Friday Mass Dunboyne 8pm
Exposition of the Most Blessed Sacrament Dunboyne Tuesday & Friday 9.30am to 8pm.
Baptisms Please book with Parish Office
Weddings In either churches, minimum of 3 months; must be booked through clergy or parish secretary.

The Open Door

Advertiser / Newsletter

6,000 copies are distributed every week in North Kildare (inc Naas, Newbridge, Kilcullen) & SW Dublin areas. Deadline Mon 3pm, but usually full by then. Notices, ads etc should be sent in sooner to be sure of space - by email if possible.

Tel. 01-6106522, 01-6273219, 087- 9381997

info@theopendoor.ie advertising@theopendoor.ie

Website www.theopendoor.ie

St Charles Borromeo Confey, Leixlip

Fr Tony O'Shaughnessy, 6244637, Fr Pr Clancy, 6243533
Parish Office: 6247410. Sunday Mass Sat 7pm, Sunday 9.30, 11.30; Mon to Fri 9.30am. Holy Days vigil 7.30, Holy Day 9.30
Confession after 9.30am daily Mass & Sat vigil Mass, or on request.
BAPTISM: 3rd Saturday, 12.30; 4th Please arrange with the priests about 2 weeks before

Our Lady's Nativity, Leixlip

Parish Office, Mon / Fri, 10 -1pm, Sec. Bernadette Murray, Ph / Fax 6243673, leixlip.parish@oln.ie www.oln.ie
Fr. John McNamara, Administrator, 01- 6245597,
Schedule; Sundays: 8.30, 9.45, 11, 12.15, 7.30pm;
Daily Masses; Mon-Friday: 9.30a.m.
Holy Days 7.30pm (Vigil) 7.25am. 9.45, 11am, & 7.30pm
Weekdays of Lent: 9.30a.m. & 7.30p.m.
Saturdays: 10.00a.m. and 6.00p.m. (1st Mass of Sun.)
First Fridays: 9.30a.m. & 7.30p.m.

Confession: Sat. 10.30 to 11.30am & after 6pm Mass
Baptisms: 1st Sunday of month at 1.15. Third Saturday of month 12.30p.m. Please give one month's prior notice.
Exposition Mon to Thur 10-2, 7-10, Fri 10-2, 7-9 all in Adoration Chapel except Mon.7-10 in the main church.
Mass in Irish 3rd Sun of month, & St Patrick's day 11am
Our Lady's Parish Centre 01- 6245159

St. Mary's Parish, Maynooth

Fr. L Rigney, P.P. 087-2607377, Fr Paul Kelly 087-2463876
Parish Office / Secretary 629 3018
Sunday Masses: Vigil 7pm, 8.45, 10.00, 11.30. 1.00, 6.00
Holy Days: Vigil 7pm, 8am, 10.00, 7pm
Lady Chapel: Sunday 10.00am. Holy Day: 8pm
Weekday Masses: 8.00am, 10.00am Mon to Friday
Saturday: 10.00am, 7.00pm (Vigil)
Baptism: 1st & 3rd Sat 12 noon, 2nd & 4th Sunday 2.00pm
Confessions: Saturday after 10.00am Mass
Exposition: Monday to Friday . 3.00pm to 5.00pm
Parish Website: www.maynoothparish.dublindioocese.ie

St Patrick's Esker/Dodsboro/Adamstown

Fr John Hassett, PP, 6812088
Fr Denis Carroll 6281018; Sacristy 6281018
Sunday Masses: Vigil Sat 7pm, 9, 10.30, 12 noon
Eucharistic Adoration every Saturday from 5.30- 6.45
Weekday Masses: Monday to Sat, 10 am.
Sacrament of Penance: Sat after 10am & 7pm Masses.
Baptisms: 1st, 3rd, 12.45 pm, 2nd Sat 12.30
At least one-month notice required. Applications at Parish Office between 10am -1.00 Mon -Fri. No phone bookings.

Parish of the Sacred Heart

St John's Drive, Srulleen Clondalkin 01 4570032
Fr Michael Ruddy, Provincial, Fr. Pearse Mullen PP
Fr. Vincent Fallon CC
Mon-Fri, 9am Morning Office, 9.15am Mass, 9.45am Rosary.
Sat 9.45am Morning Office, 10am Mass, 10.30 Exposition of the Blessed Sacrament; Benediction at 12.25; 6.30 Vigil Mass of Sunday. Sunday Masses: 10.30, 12.00

St Conleth's Parish Newbridge


Masses; Saturday Vigil Mass - 6.00pm. Sunday: 8.30am, 11.00am, 12.30pm, 7.00pm. Holy Day Vigil: 6.00pm.
Holy Days: Masses as on Sunday (no 12.30 Mass)
Weekdays: Monday - Saturday: 9.30am. Fridays only 7.30pm.
Confessions Saturday: 11.00am. - 12 noon & after 6.15 pm
Mass. First Friday: 9.00am. - 9.30am. Penitential Service Mass: 7.30pm. No Confessions during Mass. People are always welcome to call to any Priest for Confession at anytime.
Telephone: 045 432808

- Dominican Church Masses Sat: Vigil Mass - 8.00pm. Sun: 9.30am. 10.30am. 12 noon & 5.30pm. Holy days: 7.30am. 10.00am. 12 noon. 5.30pm. W/days: Mon-Fri: 7.30am. 10am. 5.45pm. Sat: 8am. & 10am.
Confessions: Saturday: 9.30am. - 10.00am. 10.30am. - 11.15am. 7.30pm. - 8.00pm. First Friday: 9.30am - 10.00am. 5.30pm - 6.00pm. No Confessions during Mass. Call to any Priest for Confession anytime. Tel 045 487200
- Cill Mhuire Ballymany -Masses Sat: Vigil Mass Sat 7.00pm. Sunday: 10.30am. Holy Days: 10.30am. Weekdays: Mon - Friday: 10am. Confessions Saturday: after 7.00pm. Mass First Friday: 9.30am - 10.00am. call to any Priest for Confession at anytime. Telephone: 045 432286.

KILCULLEN Church of Sacred Heart & St Brigid - Fr. N Mackey PP 045 481230, Fr. Martin Harte, 481222
Parish Centre Phone Valarie & Vivienne on 045 480 727
www.kilcullenparish.net
MASSES weekdays 9.30am, Sunday 6.30 (Saturday Vigil), 11.00am. Confessions on request before vigil Mass
Eucharistic Adoration Thursdays, Parish Centre, 10am-9pm.
Contact Marie 086 6088839, Mary 401856, or the Parish Office.
Saint Joseph's Gormanstown Sunday Mass 9.30am

WHAT IT SAYS IN THE GOSPEL

Second Sunday of Advent, Dec 4, 2016



'Prepare a way for The Lord!'

Word of ETERNAL LIFE

The Holy Gospel

St Matthew, chapter 3, verses 1 - 12

Repent, for the kingdom of heaven is close at hand.

In due course John the Baptist appeared; he preached in the wilderness of Judaea and this was his message: 'Repent, for the kingdom of

Any tree, which fails to produce good fruit will be cut down and thrown on the fire!

heaven is close at hand.' This was the man the prophet Isaiah spoke of when he said: A voice cries in the wilderness: Prepare a way for the Lord, Make his paths straight. This man John wore a garment made of camel-hair with a leather belt round his waist, and his food was locusts and wild honey. Then Jerusalem and all Judaea and the whole Jordan district made their way to him,

and as they were baptised by him in the river Jordan they confessed their sins. But when he saw a number of Pharisees and Sadducees coming for baptism he said to them. 'Brood of vipers, who warned you to fly from the retribution that is coming? But if you are repentant, produce the appropriate fruit, and do not presume to tell yourselves, "We have Abraham for our father," because, I tell you, God can raise children for Abraham from these stones. Even now the axe is laid to the roots of the trees, so that any tree, which fails to produce good fruit will be cut down and thrown on the fire. I baptise you in water for repentance, but the one who follows me is more powerful than I am, and I am

not fit to carry his sandals; he will baptise you with the Holy Spirit and fire. His winnowing-fan is in his hand; he will clear his threshing-floor and gather his wheat into the barn; but the chaff he will burn in a fire that will never go out.'

This is the Gospel of the Lord.

Last Sunday, we learned that Advent serves the purpose of preparing us for the coming of the Lord as the Judge, either at death or at the end of this world, whichever may come first.

It also taught us to prepare ourselves to receive the Real Physical Presence of our Redeemer through the Sacrament of the Holy Eucharist.

St John's message is one of repentance in preparation for the Kingdom of Heaven that is at hand.

As we "prepare the way of the Lord" in our lives, we are called to review the status of our disposition towards the grace of God the Father that is manifested through the purifying fire of the Holy Spirit.

In Advent, we are called to be repentant of our sins, and 'to stay awake as we do not know the day nor the hour' when He will come.

We are called to pray, to make penance, to fast and to perform acts of charity towards our brothers and sisters. As we reflect upon this, let us not forget that "every tree therefore that does not bear good fruit is cut down and thrown into the fire"

The warning given by St John the Baptist is as relevant today as we prepare for the second coming of Jesus as it was at the time of His first coming!

TOUGHERS SKIP HIRE

- Full range of sizes
- Mini (2.5 Cyd) Midi (4 Cyd)
- Std (6 Cyd) Builders (12 Cyd).
- Roll on -Roll off.
- Phone 01-4588067
- 087-7600706 087-1671400

PG ROOFING

- Roof repairs
- New roofs
- uPVC fascia & gutters
- Flat roofing
- Fibreglass flat roofing

Call 085-8413072
COST EFFECTIVE SOLUTIONS

Peter Mulreid Painter & Decorator

Painting, Papering, Coving, Dado rails, all guaranteed.
01 6273311, 087-6985291

PLUMBER

- Boiler service / breakdown
- Solar panels + solid fuel
- Domestic & commercial

Darren 086-8389326 7 days

Hard to get rid of RUBBISH ?

Garage or attic full ?
'House clearance? Let us shift it!
Contact Andy @
045-861245, 087-6953590
Registered contractor, keen rates

CUNNINGHAM'S Funeral Directors

Celbridge, Leixlip, Clonsilla, Lucan, Dunboyne, Blanchardstown

Tel: 01- 8202266 (24 hr)
www.cunninghamsfunerals.com

NAAS OIL

- Why not spread the cost of your heating oil over the year. Join our Budget Plan Monthly payments scheme.
- Pensioners why not avail of our free oil level check

Contact us on 045-871771 or 01-6288259
www.naasoil.ie



CLANDILLON MOTORS
 Dublin Rd, Celbridge
**Service, sales
 & crash repairs**
01-6275842
087-2810221
 www.clandillonclassiccars.com

**LANDSCAPING
 & Garden Maintenance**
 Tall trees & hedges cut &
 removed
 Mobile Power Washer
 All Rubbish Removed –
 Call Liam
086-8513096, 045-890412

H&K
INTERIORS
 Specialists in
Curtains & Blinds
www.handkinteriors.ie
01 906 5919
086-3755025 / 087-6787244
 20% off blinds with this ad
 Visit our new showroom at
 Unit D1, M4 Business Park,
 Celbridge (Behind the
 Applegreen service station).
www.facebook.com/hk.kildare

**Glenashling
 Nursing
 Home**
 Oldtown, Celbridge,
 Ph. 01-6272694, Fax 01-6275906
**Convalescence -
 Retirement
 Respite &
 Day care**

 Prop; Garry & Norma Gavigan,
 RGN; RMN; RM

**Intruder
 Alarms** 
 Secure your home/ business
 Wired & wireless alarms
 Repairs, upgrades, service
 25 years experience.
**Robert 086 – 2490807, 01 –
 6155980. www.amptech.ie**
 PSA licence number 03019

Brown Scapular Supplies

 To obtain supplies of Our Lady's
 brown scapulars please see
www.brownsapularsireland.com
 Any quantity supplied
 Phone 087-9381997
 (Made from 100% woven wool,
 long-lasting, with leaflet)
Worldwide distribution


CROSSROADS



Dr. Marcellino D'Ambrosio
www.crossroadsinitiative.com

Jesus' says "ask and you shall receive"

So before talking to Him, which is certainly a dimension of prayer, we need to listen to Him, which is an even more important dimension of prayer.

We were given two ears and only one mouth for a reason.

But how do we listen to him? One privileged way is through Scripture. These words are guaranteed to be His, for they are inspired, breathed by the Holy Spirit, divine words in human words (2 Tim 3:16).

This does not just mean that the Holy Spirit moved once, guiding the authors when they wrote down the words long ago. It means that the Holy Spirit dwells in these words as in a Temple and beckons us to enter to meet him regularly, for a life-changing rendezvous. These words are not simply a wearying catalogue of ideas we need to buy into, facts we need to believe, or rules we need to follow.

Instead they are meant to be a fresh, personal, energizing communication from God each time we hear or read them. They are food for our souls.

PSALMS AS FOOD FOR PRAYER

Most of us don't eat once a week. We eat daily. Several times a day in fact. So we should gather up the manna of God's word at least daily, maybe even several times a day.

So you don't have much time for quiet prayer and extensive Bible reading?

Join the club. You may not have time for a daily Thanksgiving feast, but I bet you snack a few times a day. There are scriptural, bite-sized snacks called the Psalms that have been the backbone of prayer for nearly 3,000 years. The psalms are God's inspired word through which He speaks to us. But they just happen to be prayers that we can use to speak with Him.

That kills two birds with one stone. And they cover everything that we could possibly want to say to God. "Thank-you," "praise you," "why are you doing this to me?," "please help me!," etc. There are even a few asking God to smash our enemies. These would have been perfect for Moses to have used during the battle with Amalek, except they hadn't been written yet.

If you have time for three meals or snacks a day, you have time for at least three Psalms a day.

The Psalms - the key to teaching us to respond to Jesus' command to ask and you shall receive. It is offered as a reflection on the readings for the 17th Sunday in Ordinary Time, cycle C (Genesis 18:20-32; Psalm 138; Colossians 2:12-14; Luke 11:1-13) as well as for the 29th Sunday in Ordinary Time C (Ex 17: 8-13; Ps. 121; 2 Tim. 3:14-4:2; Luke 18:1-8) which conveys the parable of the persistent widow and the unjust judge.

**High cholesterol
 Blood pressure?**
Sluggish & tired? Overweight?
 Constipation/diarrhoea?
FREE Healthy You Steps...
 contact Gertrude Lawler
 Natural Juice Therapist. Food
 Technologist. **086 388535**

Radio Maria Ireland

Please support us to share the good news and listen LIVE through any of the following options. Please visit our website or Facebook for our weekly schedule. Simply dial 01-437-3277

LIVE on website - <http://radiomaria.ie/live-stream/>
 DAB radio ("Maria +" or "Maria") currently works in Dublin and Cork city (Calls us for a DAB radio)
 "Radio Maria Ireland" on Internet radios

Please download our free mobile App – "Radio Maria World Family" on App store / Play store / Windows store. If you would like to help we kindly request you to setup a standing order with your bank for a monthly donation.

Account Radio Maria (Ireland) Ltd. Account No: 93688261 Sort Code: 900033, IBAN IE07 BOFI 9000 3393 6882 61, BIC BOFIE2D

Contact: Joy, 0874102784

Radio Maria Ireland, Unit 8, St. Anthony's Business Park, Ballymount Road, Dublin 22. Kindly send us your valuable feedback or email info@radiomaria.ie

Please like our new Facebook page - <https://www.facebook.com/Radio-Maria-Ireland-801618736624472/>



St Mary's Parish Choir - Maynooth

New members – male and female – very welcome.
 The Choir sings at Church ceremonies and at various concert venues.

Rehearsals Tuesdays, 8.15 to 9.15 in the church.
 Come along and join a very friendly choir! No experience necessary.

• **Phone Sarah Darlington 086-0874357**

St Charles Borromeo Parish Confey, Leixlip

Rosary every morning at 9.05am:

Divine Mercy prayers after 9.30am Mass Fridays.

EUCHARISTIC ADORATION takes place in St. Charles Borromeo Church, Confey every Tuesday in the Day Chapel from 2.00pm - 9.00pm. "Come adore this wondrous presence of Jesus in the Most Blessed Sacrament". All are welcome.

HOLY SPIRIT: There will be a time of prayer in many Churches around the country from now until the end of November. Confey Parish will join in this time of prayer, in the Day Chapel, Friday evenings, at 7.00pm. It is a time of prayer to the Holy Spirit praying for peace and healing for ourselves, our families, our nation.

All are welcome to join in this time of prayer which will continue from thereon every Thursday at the same time. All are welcome to this Cenacle of the Holy Spirit Prayer Time until the end of November.



NCBI (National Council for the Blind Ireland) have opened it's newest charity shop in Maynooth, Co. Kildare. The shop is located on Mill Street. NCBI must raise €4 out of every €10 it spends on services. Its upwards of 80 charity shops around the country make a vital contribution to its fundraising efforts. NCBI also has shops in Clane, Naas, Newbridge, Clondalkin and Lucan.

Forget Me Not!

PURGATORY EXISTS!

A Necessary Purification

It is during November that the Church meditates on the Communion of Saints, which is the charitable link with the faithful who have already reached heaven (Church Triumphant), the faithful departed who are still expiating their sins in Purgatory (Church Suffering) and of the pilgrim faithful here on earth (Church Militant).

"In this wonderful exchange, the holiness of one profits others, well beyond the harm that the sin of one could cause others. Thus recourse to the communion of saints lets the contrite sinner be more promptly and efficaciously purified of the punishments for sin." (*Catechism of the Catholic Church*)

Throughout November the Church remembers our Faithful Departed. The need and duty of prayer for the departed souls has been acknowledged by the Church at all times. It is recommended in the Scriptures of the Old Testament: "It is therefore a holy and wholesome thought to pray for the dead, that they may be loosed from sins." (2 Macch. 12, 46). This duty has found expression not only in public and private prayers but especially in the offering of the Holy Sacrifice of the Mass for the repose of souls.

Throughout November the Church prays for all who are in the purifying fires of Purgatory, waiting for the day when they will join the company of the saints in heaven. The celebration of Mass is the highest means the Church can provide for the dead, but we can also relieve their sufferings through our prayers, sufferings and penances. We can also help the Poor Souls by doing acts and prayers that have indulgences attached to them. There are many indulgences for the Souls in Purgatory, that can be obtained during the month of November.

An indulgence is "the remission before God of the temporal punishment due for sins already forgiven as far as their guilt is concerned."

Sin has a *double consequence*. Grave sin deprives us of communion with God and therefore makes us incapable of eternal life, the privation of which is called the "eternal punishment" of sin. On the other hand every sin, even venial, entails an unhealthy attachment to creatures, which must be purified either here on earth or after death in Purgatory. This purification frees one from what is called the "temporal punishment" of sin.

An indulgence can either be **partial or plenary**. It is partial if it removes only part of the temporal punishment due to sin, or plenary if it removes all punishment. To be able to gain an indulgence, one must have the intention to gain them, and perform the works at the time and in the manner prescribed. A Plenary Indulgence can be gained only one per day. The faithful must be in the state of grace and these three conditions must accompany the prescribed act:

The faithful must receive the sacrament of confession, either eight days before or after the pious act is performed, receive Holy Communion on that day and recite prayers for the intentions of the Holy Father (one Our Father and one Hail Mary is the minimum, but any other additional prayers may be added).

All attachment to sin, even venial sin, must be absent. If one's disposition is less than perfect or if some of the above conditions are not fulfilled, the indulgence becomes partial. www.Catholicculture.org

Latin Mass

Dublin Latin Mass Chaplaincy

St Kevin's Church, Harrington St, Dublin 8.

Traditional sung Latin Mass Sundays, 10.30 am. Mon to Fri 8 a.m., Saturdays 9 a.m. Ph 01 4758611

www.latinmassdublin.ie
latinmass@dublin.ie



Dementia Care

Home Instead Senior Care understands the worries Alzheimer's disease and other dementias can cause in the lives of older people and their families. In fact, many of the older people cared for by our Professional CAREGivers have dementia.

We've come to recognise how Alzheimer's disease and other dementias can also affect family caregivers as well. These conditions can affect their energy, peace of mind and happiness. If your loved one just received the diagnosis, you're likely anxious about the future – for your loved one and yourself.

You want your loved one to be safe and engaged in life. But given the memory and behavioural changes that sometimes accompany dementia, how can you ensure this happens? And how do you also take good care of yourself while providing excellent care to your family member?

Wherever you are on the care journey, Home Instead Senior Care can help. Our Professional CAREGivers are trained in expert, person-centred **Alzheimer's and Dementia Care**. Such expert dementia care can help support your loved one to continue to live with a quality of life. We also offer FREE 'Confidence to Care' dementia workshops in the community for family caregivers - www.homeinstead.ie/Alzheimers-Dementia-care or call 045-484623.

SERVICE OF REMEMBRANCE

A Little Lifetime Foundation Christmas Service of Remembrance will take place in St Nicholas of Myra Church, Francis St. Dublin 8 - Sunday 4th of December at 7.00pm. with Most Rev. Archbishop Diarmuid Martin, Rev. Bruce Pierce, Church of Ireland and the Garda Male Voice Choir in a celebration of our children's short lives at Christmas time. We welcome newly bereaved parents and look forward to seeing parents and families who support ALLF Services and events each year. Please come along and feel the unique presence of companionship, support and love.

CENACALO COMMUNITY

(Drug Rehabilitation through Work and Prayer - & Funded Solely by Voluntary Contributions)

Annual Cake & Quality Bric-A-Brac Sale: Sunday 4th Dec. after all Masses, in Our Lady's Parish Centre.

If you can bake and donate (it would be very much appreciated) or if you have any good quality bric-a-brac or unwanted gifts you can contact Carmel at 0872390481, alternatively they can be left in the Parish Centre on Sat 4th Dec. from 3pm or Sun am. All proceeds go to Cenacolo Community Ireland

ANNUAL CHRISTMAS FAIR

The Greenlane Schools, Leixlip, are holding their annual Christmas Fair on Sunday 4th Dec. in Scoil Bhride/Scoil Muire Hall from 1-4pm. Please come along and support your local schools. There will be lots of stalls, plenty of raffles and of course Santa will be there too

"I saw your ad in the Open Door"

THE OPEN DOOR

WWW.THEPENDOOR.IE

info@theopendoor.ie

01-6106522, 087-9381997

True Devotion to Mary

For a free leaflet on St Louis Marie de Montfort's "True Devotion to Mary" please send a stamped addressed envelope to 'Cluain Caoin', Lower Hodgestown, Donadea, Naas, **Phone 045 869463.**

Talks on the 'True Devotion to Mary' can also be arranged on request.

The Thirty Gregorian Masses

For information on this ancient custom and great gift for our dearly departed family and friends of having 30 consecutive daily Masses offered for their release from Purgatory,

Call 087-9381997



FIBREGLASS FLAT ROOFING

& valleys, no joints,
35 year guarantee

MATTHEW & SON

Established 1982

087-2347327,

01-6244249

GARDEN SALES

Market Garden Shop open every Thursday 12 – 2pm (Weather Permitting). Locally grown vegetables – to organic methods - fruit, plants and herbs for sale.

Get a Vegetable Box delivery each week for €10 – free delivery Dublin 10 Cherry Orchard Green (beside the Equine Centre), D10. For more info call Stephen 087 272 4537, Nicko 0857543805.

Communitygardens@ballyfermotpartnership.ie
or find us on facebook

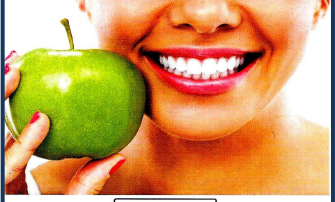
PATIENT SCHOOL OF MOTORING



5 driving lessons - get the 6th one free!
Ph 087-2514295

GARDENING

Fencing – Decking supplied and fitted
Power washing
Garden waste disposal
www.westsidhomeandgarden.ie
087-6202989/01-6213039

Find us on Facebook

Abbey Dental Practice & Dental Lab
Main Street, Clane

CHRISTMAS SPECIAL

Scale, polish, plus teeth whitening- €85

045 838 912

*FREE Check-up (2 X-Rays included if needed), for adults and children
*Scale & Polish - €25 (For a limited period of time only)
abbeydental.ie

Artificial Grass Suppliers.ie

Prices from €20sq metre
Fitting service also available
Free estimates
087-9587830, 01-6013109

M. SMYTH CARPENTRY & Building Services

- Doors, floors, re-felting
- Roof & all repairs
- Attic & Garage conversions

01-6276070, 086-1042557

CHIMNEY & STOVE CLEANING

- Expert cleaning
- Vacuum/ brush
- No mess,
- Very experienced,
- Satisfaction assured.



089 4653389,
01-4581042

Scoil Rince Chill Dara IRISH DANCING CLASSES

Every Monday in Straffan Community Centre 3.15 pm to 4.15 pm. Boys & girls from 3yrs very welcome!
'Every child loves to dance and it is our pleasure to take them on that journey!'
Enquiries: Carmel Somers 087 0514302



SINGING FOR FUN!

Ladies do you enjoy singing? If so, would you like to sing with others in a friendly and informal environment? As our name 'Sweet Hullabaloo's' suggest, we are about having fun and enjoying ourselves. We meet every Tuesday morning at 11 00 in Maynooth. You are welcome to come along to see what we are about. No obligation to join. Further details from: Bernadette 01 – 6289131.

“Prepare a way for the Lord” Advent Day of Prayer

for 20-40 year olds, men and women, on 3rd of December, 10 am to 6 pm at the Divine Master Convent, Blackrock, Co. Dublin.
For more information, contact Sr. Louise at slouisepd@gmail.com or ring: 01 2114949 or facebook: PDDM Dublin

Pope calls abortion ‘very grave sin,’ ‘horrendous crime’

November 21, 2016

In an interview with the Italian bishops’ radio and television stations, Pope Francis looked back upon the Extraordinary Jubilee Year of Mercy, including his “Mercy Friday” visits. Commenting on his visit to a neonatal unit, he described abortion as a “very grave sin” and “horrendous crime.”

Lamenting indifference to those in need, and describing money as “the greatest enemy of God,” the Pope also spoke of his desire for a “poor Church for the poor,” in accord with Matthew 25.

Reiterating his opposition to capital punishment, Pope Francis said that prison should be, like Purgatory, a place with hope, one whose aim is reintegration into society.

In response to other questions, the Pope said he dislikes flatterers more than detractors and said he faces temptations to “impatience, selfishness, then a little laziness,” and that such temptations accompany us until our final moments.

GAS OR OIL?

Getting Hold of the Right Person can be Difficult!

- Boiler servicing & repair
- Gas appliance installation & certification
- Gas fire repair
- Gas leak detection



01- 610 4300, 087-2214854
CERTIFIED GAS INSTALLER

‘LET’S GET PHYSIO’ with AVRIL



Osteoarthritis

Osteoarthritis is commonly seen at Motion Physiotherapy Clinic, so I thought it would be helpful to write about it this week.

Normal healthy joints have a protective layer at the end of each bone called the cartilage. This cartilage is smooth, strong and absorbs the stress put on the joint to protect the bone. In osteoarthritis it becomes thin and brittle and over time can wear away completely. As a result the underlying bone begins to take the stress put on the joint. This causes pain and inflammation in the joint. Along with these changes the synovial (lubricating) fluid in the joint can increase to try and compensate, this often causes the joint to swell. The surrounding ligaments and muscles are also put under increased pressure and this leads to weakness. As a result of all these changes the joint becomes stiff, painful and weak.

Osteoarthritis is variable and can affect different joints in different ways, but is most commonly found in the knees, hips, hands and spine.

Exercises and manual therapy

Exercise is the most useful treatment for osteoarthritis. Your chartered physiotherapist will be able to advise you on the exercises most appropriate for you and can also perform manipulation and stretching techniques that will be helpful.

Ice Treatment

Ice is useful if your condition has been exacerbated and is sore and swollen. Use a packet of frozen peas wrapped in a wet cloth. Leave it on for 10-15 minutes for the best effect.

Footwear

For people with lower limb and back problems, supportive footwear is essential. Insoles will be useful to help support your joints, your Chartered Physiotherapist can assess and prescribe orthotics for you.

If you are suffering pain from osteoarthritis, call us today for an appointment at Motion Physio Clinic, Prosperous, Tel: 045 841010. I can perform an assessment, diagnose and treat you as required.

In next week's issue I will cover Total Knee Replacement Surgery, which is commonly done in a knee joint that has severe Osteoarthritis and is painful with limited function. Let me know if there is any other topics you would like me to cover in upcoming issues of The Open Door.

Avril Barrett BSc (Physio), MSc, MISCSP, Chartered Physiotherapist. **045 841010**, www.motionphysio.ie, motionphysioclinic@gmail.com, www.facebook.com/MotionPhysioClinic
Motion Physiotherapy, Sports Injury Clinic, Unit 2, Temple Court, Prosperous, Co Kildare



DAVID HENRY LANDSCAPING (01) 620-8758

www.atozlandscaping.ie

- New Lawns
- Instant Lawns
- Garden Clean-ups
- Trees Felled
- Decking
- Fencing
- Walls
- Patios
- All Rubbish Removed
- Fully Licensed



Complete Landscaping Service

LEIXLIP PARISH NOTES

Parish "Christmas Masses" Christmas Cards: - Bringing Christ Back into Christmas - available next Sunday. Following the take up in recent years of our "Christmas Masses Christmas Cards" we urge you to continue on the road of making Christ the real focus point of Christmas. For us Christian that's what it's all about. All offerings received for these Masses will go to help families in Haiti affected by the recent Devastating Hurricane Disaster. The inscription inside the card reads - "Masses on Christmas Eve and Christmas Day in Our Lady's Nativity Church Leixlip will be offered for all your intentions, remembering family and friends living and deceased".

Suicide Support Group - Have you lost a loved one through suicide? A suicide Bereavement Support Group is held every 1st Tuesday of the month in Our Lady's Parish Centre, Leixlip. The next meeting will be on Tuesday 6th December from 7.30 - 8.30 p.m. Anyone bereaved by suicide is welcome to sit, share and listen.

Life to the Full (Jn 10:10) Book Club: Join other young adults (20s & 30s) each week to meditate, share and discuss life, faith, purpose & how to live life to the full. We read a chosen spiritual book over a few weeks and come to reflect and discuss our thoughts. Every Thursday 7.00 - 8.30 P.M.St Paul's Church Arran Quay Smithfield). michelle.manley@dublindiocese.ie [facebook.com/lifetothefullbookclub](https://www.facebook.com/lifetothefullbookclub)

The Eighth Amendment

The Citizens Assembly is calling for submissions from the public on the Eighth Amendment of the Constitution, a law that protects the right to life of both the baby in the womb and the mother.

A Meeting on Submissions To The Citizens' Assembly Tuesday 6th Dec 8pm, Our Lady's Parish Centre

The Government Arranged Citizens Assembly is asking for submissions from the public on the Eighth Amendment of the Constitution, a law that protects equally, the life of both Mother and Baby in the Womb.

Hosted by the Leixlip "Yes To Life" group to encourage and assist as many as possible to make "Pro-Life" submissions. This is a Life and Death choice facing the Irish people and you can have your say in favour of life. We appeal to all, to come along and show there's a large majority who want to Choose Life

What is the Catholic position on abortion as pronounced by the church?

In 1995 Pope John Paul II declared that "the Church's teaching on abortion is unchanged and unchangeable. Therefore, by the authority which Christ conferred upon Peter and his successors...I declare that direct abortion, that is, abortion willed as an end or as a means, always constitutes a grave moral disorder, since it is the deliberate killing of an innocent human being. This doctrine is based upon the natural law and upon the written word of God, is transmitted by the Church's tradition and taught by the ordinary and universal Magisterium. No circumstance, no purpose, no law whatsoever can ever make licit an act which is intrinsically illicit, since it is contrary to the law of God which is written in every human heart, knowable by reason itself, and proclaimed by the Church" (*Evangelium Vitae* 62).

Celebrate the CATECHISM

THE DIGNITY OF THE HUMAN PERSON

CHRISTIAN BEATITUDE

1720 The New Testament uses several expressions to characterize the beatitude to which God calls man:

- the coming of the Kingdom of God; - the vision of God: "Blessed are the pure in heart, for they shall see God"

- entering into the joy of the Lord;

- entering into God's rest:

There we shall rest and see, we shall see and love, we shall love and praise. Behold what will be at the end without end. For what other end do we have, if not to reach the kingdom which has no end?

1721 God put us in the world to know, to love, and to serve him, and so to come to paradise. Beatitude makes us "partakers of the divine nature" and of eternal life. With beatitude, man enters into the glory of Christ and into the joy of the Trinitarian life.

1722 Such beatitude surpasses the understanding and powers of man. It comes from an entirely free gift of God: whence it is called supernatural, as is the grace that disposes man to enter into the divine joy.

"Blessed are the pure in heart, for they shall see God." It is true, because of the greatness and inexpressible glory of God, that "man shall not see me and live," for the Father cannot be grasped. But because of God's love and goodness toward us, and because he can do all things, he goes so far as to grant those who love him the privilege of seeing him. . . . For "what is impossible for men is possible for God."

Catechism continued next week

www.vatican.va Catechism of the Catholic Church.

Youth Catechism: www.youcat.org

DOCAT, a catechism for youth of Catholic social doctrine, introduced at World Youth Day DOCAT, says Pope Francis in the Introduction, "it is like a user's manual that helps us to change ourselves with the Gospel first, and then our closest surroundings, and finally the whole world."

July 27, 2016

'Saw your ad in the Open Door' 7

Volunteers for SVP

The Society of St Vincent de Paul in Dublin 15, requires volunteers to be based in home visitation branches across the Dublin 15 area, we also need some volunteers in hospital visitation conferences, and the Society of St Vincent de Paul food-bank in Dublin 15.

Anybody interested in joining please call Joe Dolan, Dublin 15 SVP area president, 087 7164073.

ALATEEN

Teenagers: If you have a parent, family member or friend who drinks too much, you can see what it's doing to them.

But can you see what its doing to you?

For information and help phone; Al-anon information centre: 01 8732699, or

www.al-anon-ireland.org

Alateen meet in Ballycane Church, Naas, Mondays 8.15.

No meeting on bank holiday.

Information 087 7920101
www.retrouvaille.ie



ONGUARD!
Fencing Club

• Enquiries to Gavin
087 266 2098

HELP KEEP IT FREE!

To help it continue as a free weekly, readers are invited to make a donation towards the growing costs of The Open Door which has been widely distributed for almost 17 years as a free weekly magazine.

- Contributions can be made by credit/debit card by phone to 01-6106522, or lodged direct to AIB Celbridge, account 22624005, The Open Door. Sort code 933503, IBAN IE11AIBK93350322624005
- Contact 01-6106522, 087-9381997, info@thependoor.ie



BRING YOUR BUSINESS

to 6000 homes every week
- An ad in the Open Door

Counselling

Psychologist

If you suffer from anxiety, depression, stress or relationship problems, please contact

Dr Albert Osthoff
at 086 6836779 or
albert.osthoff@outlook.com
Based in Newbridge

Denture Clinic

Brian Mee C.D.T.

- Full dentures
 - Partial dentures
 - Repairs, additions etc.
- Main St, Sallins, Co Kildare
By Appointment Only
Phone 045-855799
086-2477700

HEATING & Plumbing

Gary Power

Reg'd oil &
gas installer
Bathrooms
& showers



Fully insured, 25 years
experience. RGI member

Call Gary 086 7757379

Samantha Yap MIACP

COUNSELLOR

PSYCHOTHERAPIST

Specialist in Adult &
Adolescent Counselling

Leixlip & Prosperous,
For info or appt, please

Contact 083 4585938

www.prosperouscounselling.ie

Caring/Confidential Service
Accredited member of IACP

Arthritis Ireland Kildare Branch Activities

Newbridge - Beginners Seated Exercise classes for people with arthritis take place in Newbridge Daycare Centre every Monday at 11am sharp. Admission €5

Kilcullen - Beginners Seated Exercise classes for people with arthritis take place in Kilcullen Parish Centre every Tuesday at 10.30am sharp. Admission €5

Suncroft - Beginners Seated Exercise classes for people with arthritis take place in Suncroft Community Centre every Tuesday at 2.30pm sharp. Admission €5

Clane Swim & Aqua exercise in Westgrove Hotel. Wednesdays 11am - 11.30am Fridays Time: 2pm-2.30pm Admission €5, participants will also have access to the pool, jacuzzi and steam-room facilities.

Newbridge Gables Swimming Pool Aqua exercise for people with Arthritis starts on Wednesday September 14th for 6 weekly sessions until Wed 19th Oct. Time 2-3 pm Admission €5 (Sponsored by Arthritis Ireland Kildare Branch)

Celbridge Warm Water pool, Swim & Aqua Classes for people with Arthritis takes place at St Raphael's Hydrotherapy Pool, Celbridge every Wednesday:5pm-6pm. Cost €5 includes instruction and use of warm water pool.

Naas K Leisure Aqua - Please ring K Leisure Naas at 045 881655 to see when next 6 week course start for the over 55s and people with arthritis. €30 for 6 sessions

Newbridge Walking Group for People with Arthritis. Meet at Lumville Hse Car Park every Tuesday at 10.30am sharp for walk on the Curragh. Contact Johnny at 431399 or Claire at 433803 for further details. Wear comfortable clothing and footwear and bring rainproof gear!

Maynooth Walking Group for People with Arthritis. Meet on Mondays at 12 noon at Maynooth Community Space (near Post Office) in Tesco Car Park Contact Michael at 0876622740

Athy Walking Group for People with Arthritis. Meet on Mondays at 2.30 at O'Brien's Emily Square. Phone Mary 0863594633 or Monica 0876257252



What's wrong with My Site!

Many of us whom have websites have come to the point of where we will ask the question "What's wrong with my website", why am I not getting phone calls or sales.

There might be many things wrong with it but for this short article we will focus on two things.

Two of the most important questions we need to ask ourselves is one, **what are people looking for when they visit our site** and two, **what is my goal for the users when they visit.**

Let's take a better look at these two questions and the fact that they are both connected. So we have to be clear from the start about what we are informing our visitors about.

We are not limited to a page in the true sense as you can scroll down but the most vital information should be above the fold so to speak, meaning what we see immediately.

The more information we include the more likely the user will forget it, if the message is short and sweet the more likely they will remember.

Info graphics are great as they can display a concept or information with a relatively small display. So we want them to **know something** so that they will **do something** and unfortunately the "do something" part is the part a lot of us neglect.

So our "call to action" should be clear from our part.

We should know what **our goals** are from every visit we get to our webpage. All of the information we provide should demand a response from the user. After all that's the goal, isn't it!

So now that we have our visitor, what do we want them to do? It should be crystal clear and totally obvious.

With fantastic interactive plugins out there at the moment, we can choose from multiple platforms to engage our visitors.

It might be signing up for a free months trial to our service, it might be signing up for a free report or our newsletter, or 5 fantastic tips on how to clean stains or we might ask them for a vote.

The key is we want to engage them.

If you have found this article helpful or you would like to discuss your own website I would love to hear from you.

Digimark.ie – for web design and development
Feel free to call me on 085 7053575 or email
paul@digimark.ie

Dental Options, College Road, Clane

Now offering in our New State of
the Art Award winning Surgery

- Cosmetic Dentistry
- Family Dentistry
- Specialist Orthodontist services
- Interest free credit and affordable payment plans



DENTAL OPTIONS

To Book a free Orthodontic Consultation
with our specialist call 045/982483

or visit www.dentaloptions.ie

Free Orthodontic Consultation

with our specialist orthodontist
Dr. Eibhlin O'Leary BDS FDS MSc MOrth
worth €150 for a limited time only!

- Most competitive prices for braces in Leinster.
- Saturdays and late evening appointments available



MENTAL MEDICINE

Samantha Yap, MIACP

Your mental health/ wellbeing

Some Winter Blues Busters

You only have to look outside to know we have officially entered the hard months of the year. So it's goodbye to hot sun for a while (slight exaggeration!) and time to stock up on your vitamins to keep the dreaded colds at bay. Many people loathe this time of year, but remember it won't last forever, so what can help you get through it and keep your sanity intact? Here are a few things which may help.

1. Watch the sugar.

Many people find a pull to sweeter, high calorie, high carb foods during the winter. It's almost like insulation. Don't underestimate the biological craving that takes over, it's not just down to your poor willpower. Keep an eye on your sugar intake because although you will initially get that lovely sugar high, there is the price of the drop which follows. You could find yourself in a binge cycle and emotionally this will not help you at all.

2. Keep up the Exercise.

Don't let the cold weather be an excuse not to get in your daily dose of exercise. Remember the recommended 150 minutes per week to keep you fit and don't allow that to diminish just because it feels colder outside. And remember even on cloudy and overcast days, your mood can benefit from exposure to sunlight.

3. Wear bright colours.

In winter many people tend to wear black every day. This is not good, particularly if you are prone to stress, worry and/or get depressed when the weather is cold. So try to make an effort to wear bright colours. You don't have to go mad, but maybe a colourful scarf or tie can be enough to brighten your day. Believe it or not, this little change can trick your brain into lightening up. Colour has more impact on your mood that you think.

4. Take up a project.

There's no time like winter to start a home project, like de-cluttering the house or purging all the old clothes in your kids' closets. Not only can this help distract you from the awful weather outside, it can give you a sense of accomplishment during these months, something to feel good about. The bigger the project the better, perfect activity for the dreary months of the year.

5. Stock up on Vitamin D

As we get most of our vitamin D from the sun, it's a good idea to take a vitamin D supplement during the winter months. Many diseases are correlated with low vitamin D levels, especially depression. Also certain foods are good sources of vitamin D, including cod liver oil, salmon, tuna, milk, yogurt, sardines and eggs. So make sure you include them in your diet.

Next week.... Moving on when a relationship ends

Samantha Yap MIACP is a fully qualified and accredited psychotherapist working in private practice with both adults and adolescents.

Appointments are available in two locations: Prosperous & Leixlip.

Ph 083-4585938

UNDER THE COOLIBAH TREE A Postcard from Oz ...



RELIGIOUS TRUTH – FROM GOD OR MAN?

There is, throughout the Church's history, a long parade of members of the Church who want to change some fundamentals which come from an Authority far above the human. The collapse of objective thinking has done huge damage to society, because, among other effects, it has ravaged religion. In the seventh century, Mahomet arrived: if he was a prophet from God, then you can forget about Jesus Christ: God does not contradict himself. Luther did more than any to destroy Church unity. Philosophers Descartes and Kant and their friends turned the human mind into a movie projector by which people think that reality is imposed by their own thoughts, and so they destroyed objective thinking. In rushed Hegel and in rushed Nietzsche, telling everyone to impose their wills on everyone else, sowing the seeds of society's disruption.

In a vain attempt to escape the turmoil of the collapse of unity, of sound thinking, and of what peace there was, up jumped the Existentialists, telling everyone they were wonderful just as they were, and to have a good time. Good philosophy and reason "had fled to brutish beasts," and men had lost their Saviour.

Next step, *Relativism*, telling us reality is only on the surface and there is nothing deep or permanent for man. Hence our secular and hedonistic society. It is the worst form of madness for man to think he can dream up his own adequate philosophy of life, because the simple fact is that it is not in man's nature to be able to satisfy himself. He simply must accept that his fulfilment can be found only in his God.

Secularism, however, has been with us for a long time now and the secular society might be like the alcoholic who wakes up to himself: there are signs that *thinking* is being tried again. Hopefully they will discover Revealed Religion.

Things are very much improving now, but the bulk of theology in the Catholic Church in Australia in recent times has been infected to its core with *relativism*, effecting countless courses and seminars, our seminaries, teachers' colleges, schools, pulpits, and adult education courses. It destroyed vocations and marriages, and emptied out our seminaries and convents and monasteries. St Paul was right! The time has come when "they will not endure sound doctrine, but with itching ears, will heap up teachers to themselves..." Once you dump the Church's Magisterium, you have no source of security to back your theories, only the fruits of a limited intelligence.

However, people are now seeing the ruins and that we must rebuild on the Tradition of the One, Holy, Catholic and Apostolic Church, and on its culture, philosophy and learning. *God, not man, is the source of Truth and Right and Life.*

Catholic people, you have the Truth so be confident! "It will be given you what you are to say!"

And this is today's essential work of Charity: bring them back to Christ! Fr John O'Neill, PP, NSW,

Australia sjvjohn17@gmail.com

COUNTRY HARDWOOD FLOORS

Oak, Pine, Maple, Ash, Beech, Mahogany, etc.

Floor Sanding a Specialty

- 045- 902710
 - Colm 086-8379204
- countryhardwoodfloors@eircom.net

FLAT ROOFS PERMANENT SOLUTION

MATTHEW & SON Building & Roofing CONTRACTORS

087-2347327, 01-6244249
Insurance estimates & Quotations. Estab'd 1982

I saw your ad in the Open Door" 9

Unique FLOORING

Unit 3, Clondalkin Town Ctr.

- Carpets
- Wood floors
- Rugs,
- Carpet cleaning



01 4670525, 087 6626396
keith@uniqueflooringcompany.com

FOOT CARE

Nail Surgery, Diabetes Specialist Sports Injuries, Heel Pain Orthoses. Chiroprody treatments Corns, Callus, Cracked Heels etc.



- Late Clinic appts,
- Home visits

Martina Blessing RGN, BSc (Hons) Podiatrist/Chiroprody, 12 The Coppins, Castletown, Celbridge.
01-6272400 / 087-2061139



THE WOOL SHOP

Unit 7, Caspo Centre, Naas
087 2983392
Maira_osullivan@eircom.net

SAND & GRAVEL DEPOT

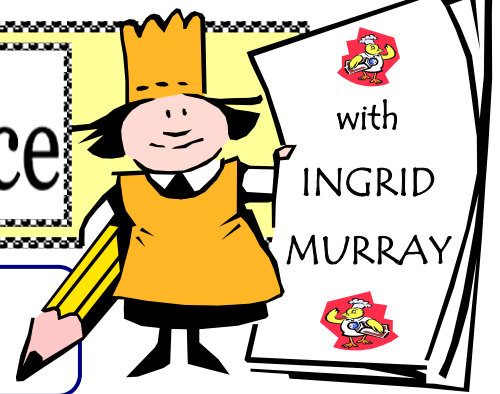
- Small loads 804, 6/8 ton delivered, Hardcore 804
- Building sand, Plastering sand
- Batch gravel, Drainage gravel, 6/10/20ml

Leixlip Road, Maynooth (Beside Tesco)
For deliveries call Vincent 087-6874485

CLANDILLON MOTORS

Dublin Rd, Celbridge
Service, sales & crash repairs
01-6275842 087-2810221
www.clandillonclassiccars.com

Cooking with Confidence



MINCEMEAT



Caring & Sharing Association

CASA provide respite care for children and adults with physical and intellectual disabilities. They currently have a waiting list of people wishing to avail of their services. Volunteers needed.

Contact Sharon Reynolds on 086 3831035

WESTSIDE BLINDS LUCAN

ALL TYPES OF BLINDS,
FITTED 3/5 Days,
01-6213039, 087-2695739
www.westsideblinds.com

Plumbing & Heating



Gas + Oil boilers serviced

- Local tradesman
- Over 20 years exp

Phone 087-2490622

SEI reg no: 10953

RGI reg no: R0911



Panache Cookery Catering Service

- Quality food,
- Small / medium parties.

Phone 01-6273597,
086-8226662

panahecookery@hotmail.com

Ok so it's that time of the year again to start getting ready for Christmas, and I have my usual mincemeat recipe below.

I am a real believer in making your own mincemeat as it is so easy, and this year I have something new and different for you to try with a jar of your mincemeat.

I came across a recipe for a mince cake. It is easier and has similar flavours to a Christmas cake, with more of a cake texture. Remember - it won't last like a Christmas cake (it should last for up to a week) so it can wait till Christmas week to be made, but as its only an ordinary cake really, it will suit a lot of cooks, who would like to make a Christmas cake of sorts, but don't like all the fuss of a traditional cake.

It also means you can make the mincemeat and get that job done and leave the making of the cake till later. Or - horror of horrors - you could always buy a jar of good quality mincemeat!

For those of you who do like the palaver of making your own Christmas cake I will have the recipe for that next week.

Mincemeat

1lb / 450g cooking apples, cored, chopped small
8oz / 225g shredded suet
12oz / 350g raisins
8oz / 225g sultanas
8oz / 225g currants
8oz / 225g mixed peel
12oz / 350g brown sugar
Grated zest and juice of 2 oranges
Grated zest and juice of 2 lemons
2oz / 50g whole almonds or walnuts or pecans (whatever you prefer) chopped
4 tsp mixed ground spice
½ tsp ground cinnamon
1 nutmeg grated or 1 tsp nutmeg
6 tbsp of brandy.

All you do is put all the ingredients except the brandy in a large bowl and mix them thoroughly. Cover the bowl with a clean tea towel and leave the mixture in a cool place overnight.

The following day preheat an oven to 120C / 225F / Gas 1/4.

Put the mixture in a roasting dish and cover with foil and cook for 3 hours. As it cools stir it from time to time.

When the mincemeat is cold stir in the brandy. Get your clean jam jars and sterilize them by

putting them in an oven at 180C / 350F / Gas 4 for 15 minutes. Put the mincemeat in them and seal them and they will keep for up to a year.

Mincemeat Cake

125g butter, softened
225g brown sugar
Zest of a lemon and an orange
2 large eggs
275g plain flour
2 tsp baking powder
½ tsp baking soda
450g mincemeat

Preheat the oven to 170C Gas 3. Line a high-sided 9-inch round cake tin with parchment paper both bottom and sides.

Put the butter, brown sugar and lemon and orange zest into the bowl of a food mixer and blend. Add in the eggs. Add the flour, baking powder and baking soda and mix until almost combined. Add the mincemeat and mix again until everything is just blended. Do not over mix.

Scrape into the tin and bake for 1.5 hours, until the cake is springy to the touch; if it's darkening too quickly, lay a piece of tin foil over the top.

Let it cool completely on a wire rack. You may find that the cake will sink a little in the middle.

When the cake is completely cool, you can turn it over and dust it with icing sugar, and if you have any Christmas cake decorations hanging around feel free to put them on top.

Alternatively you could make a cream cheese icing (like you would use on a carrot cake) and ice it with that. Very alternative Christmas cake!



I run a range of different cookery courses throughout the year, and I am currently working on my Spring / Summer schedule.

CookingwithConfidenceCelbridge@gmail.com to join my email contact list and receive details of upcoming cookery courses or phone 086 7359190

I also do private classes and private group classes which can be arranged upon request.



MOTORING MATTERS

with Breda Corrigan



NEW FORD KA+ IS HERE

The all-new Ford KA+ compact car, which has only recently arrived in Ireland, delivers outstanding interior space, excellent fuel efficiency and fun-to-drive dynamics at a value-for-money price.

Joining Ford's small-car line-up alongside the best-selling Fiesta, the KA+ provides an attractive new alternative for European buyers who want a spacious, well-equipped and high-quality small car at an attractive price that also delivers low running costs.

The all-new Ford KA+ is a 5-door hatchback based on Ford's global small-car platform, and offers generous space at less than 4 metres. Although the new KA+ shares part of its name with the Ford KA from the late 1990's - and featured a distinctive 'bubble-car' shape in a 3-door only form - the two cars are totally different in every way.

The KA+ is slightly shorter than the Fiesta, but 29 millimeters taller. The interior features, seats, door panels and roof headliner that are optimised to provide class-leading front headroom of 1,002mm, rear legroom of 896mm and rear hip room of 1,335mm. The spacious interior delivers enough room for a 2 meter tall passenger to sit behind a 2 meter tall driver. The KA+ provides outstanding every-day practicality with 270 litres of luggage space - enough to accommodate two large suitcases - plus 60/40 split-folding rear seats, and 21 stowage locations for small items throughout the cabin.

Stowage areas include MyFord Dock in the centre of the instrument panel that enables occupants to store, mount and charge mobile devices such as phones and navigation systems, and front door bins that can each hold a 1.0-litre bottle, a 0.6-litre bottle and a small umbrella. A hidden stowage bin within the end of the instrument panel is only accessible when the driver's door is open, allowing valuables to be hidden out of sight.

The all-new KA+ features a simplified powertrain line-up based on an efficient new 1.2-litre Duratec petrol engine to offer maximum value to consumers. Available with a choice of 70 PS and 85 PS power outputs, the 1.2-litre engine is derived from the same family as the 1.25-litre engine in the Fiesta, and features twin-independent variable camshaft timing technology to enhance performance, fuel efficiency and emissions. Combined with a standard five-speed manual transmission, the 1.2-litre engine has been tuned to deliver smooth and responsive performance, with a broad spread of torque that makes the car easy and fun to drive in both city motoring and on longer journeys.

Fuel efficiency has been enhanced using optimised calibration, low-friction engine oil and regenerative charging, which saves fuel by maintaining efficient charge levels in the vehicle battery by capturing 'free' electrical energy when drivers coast or brake. KA+ Studio is priced from €13,050 while KA+ Zetec is available from €14,650 (excluding delivery and relate charges) and is on sale now.

Until next time.....Drive Safely.
Breda Corrigan bcorriganmotoring@gmail.com

UPHOLSTERY

- Excellent work,
 - Free quote
- Phone John



01-6244318 086-6021445

VIDEO to DVD

VHS videos or Hi-8 tapes transferred to DVD, Camcorder to DVD Video editing.



Call John Marron
045 868858 or 086-2680777
info@cleansounds.com

Window & Door REPAIRS

- Composite Doors
- uPVC Windows
- Top quality work,
- Security experts,
- Repair service,
- Also supply & fit
- Free quotes
- 25 years experience,



Call Paul
01-6271386 085-1085502

GAS OR OIL?

Getting Hold of the Right Person can be Difficult!

- Boiler servicing & repair
- Gas appliance installation & certification
- Gas fire repair
- Gas leak detection



01- 6104300, 087-2214854

CERTIFIED GAS INSTALLER

PG ROOFING

- Roof repairs
- New roofs
- uPVC fascia & gutters
- Flat roofing
- Fibreglass flat roofing

Call 085-8413072

COST EFFECTIVE SOLUTIONS

Oliver Reilly Ltd, IAFD UNDERTAKERS

- Funeral furnishes
- Wreaths, Headstones
- Mourning Coaches
- Funeral Parlours-

- Kilcock
- Prosperous
- & Maynooth

045-868230,
868482

Sean 086 - 2550526
Paul 086 - 8105581
Paddy 01 - 6287074



Advent Day Retreat

for Young Adults

Sat 10th Dec. 9.30 am - 5pm

Dalgan Park, Navan.

Theme: 'Pondering with Mary how God is calling you' - Married Life, Priesthood, Single Life, Religious Life.

Prayer of the Church, Inspiring Talk by Fr Declan Hurley, Eucharistic Adoration, Testimonies from people in various walks of life, Confession, Holy Mass. Time for reflection and a walk around the beautiful grounds. A great way to prepare spiritually for Christmas!

Cost: Donation, lunch and tea breaks included.

Contact: Fr Joe 086 6036506
Charlotte 087 2126402

Retrouvaille

Retrouvaille is a programme designed to help heal and renew marriages

The word Retrouvaille means 'rediscovery', and it offers the chance to rediscover yourself, your spouse, and your marriage.

Are you in a troubled marriage?

Do you feel alone or bored in your marriage?

Are you frustrated, hurt, angry with your spouse?

Retrouvaille is a lifeline for Married Couples, the word Retrouvaille simply means 'rediscovery'.

The programme consists of - A residential weekend, Friday 7pm - Sunday 4pm
Follow up sessions - 4 Sun 9.30am-4.30pm.

Although Retrouvaille is based in the Catholic tradition, couples of all faiths and those with no faith are welcome and encouraged to attend.



COAKLEY SEPTIC TANK CLEANING

- 20years experience
- Fully licensed operator waste permit.
- Waste receipt given on completion.
- Familiar with all systems
- Competitive rates

Contact John @ 0862532351

EMAIL jfcoakley@gmail.com www.septic-tank-cleaning.ie



CHIMNEY & STOVE CLEANING

- Expert cleaning
- Vacuum/ brush
- No mess,
- Very experienced,
- Satisfaction assured.



089 4653389, 01-4581042

WWW.THEOPENDOOR.IE
 advertising@theopendoor.ie
 info@theopendoor.ie
 01-6106522 087-9381997
 www.theopendoor.ie

**Forever Living
 Aloe Vera products**
 For health & well-being
 Now available - from
 Gavin **087-2662098**

**If you are having
 difficulties ...** getting
 your free weekly copy of
 The Open Door please call
 01-6106522 / 087-9381997

Clane Bridge Club

Clane bridge club meets
 Thursday nights 7.30
 Manzors lounge, Clane
 upstairs.
 New members welcome.
 Contact secretary Rita Mc
 Cormack 045 868234.

Give Guiding a Go! CGI

*Come along to your local
 group for fun, team spirit,
 friendship and adventure
 for all girls.*

Group Ages: Cygnets, 5-6
 yrs, Brigins 6-11yrs Girl
 Guides 11yrs- 17yrs!

• **Scoil Ui Riada,
 Kilcock,** Weds 6pm-
 7.30pm, (cygnets 6.00pm
 to 7.00pm). Jacqueline
 Harris is the contact - 087
 2994645.

• **St Brigid's School
 Hall, Celbridge**
 Monday Evenings
 (excluding B/H)
 Brigins 6yrs-11yrs @
 6.30pm to 8.00pm
 Guides 11yrs - 17yrs @
 8.00pm to 9.30pm
Contact Sandra Whelan
 on 0877797948 / 086
 8420336
 celbridge.cgi@hotmail.co
 m or visit
 www.girlguidesireland.ie

Fearful, Anxious, Depressed?

Recovery Int. offers you a way out!

Weekly Recovery Meetings

Abbey St.: Wesley Room, D. Cen. Mission, Lr.
 Abbey St., D. 1(16-35 ages) Wednesday @7.00pm

Blanchardstown: St. Bridget's Comm. Centre,
 Main St., Friday @ 8.00pm

Clondalkin: Pastoral Centre, Village Church,
 Monday @ 8.00pm

Lucan Village: St. Mary's Parish Centre, Friday @
 8.00pm

Newbridge: Dominican College, Tuesday @
 8.00pm

Rathgar: Par.Cnr,52 Grosvenor Rd. Mon, Tues,
 Thurs @ 8.00pm

Rowlagh: (Clondalkin North) Community Room,
 Rowlagh Church,(Side entrance) Monday @
 8.00pm

Tallaght: Social Room, beside St Martin De Porres
 Church, Old Bawn, Tallaght, Mon @ 8.00pm

www.recovery-inc-ireland.ie Phone 01-6260775
 e-mail: info@recovery-inc-ireland.ie

Leixlip Parish Notes

Suicide Support Group - is held every 1st Tuesday
 of the month in Our Lady's Parish Centre, Leixlip
 from 7.30 - 8.30 pm. All those affected by suicide
 are welcome.

Remember in November: Take the short-term
 pledge for the month of November for deceased
 family and friends who have gone before us marked
 with the sign of Faith. Many people choose to
 abstain from alcohol for the month of November
 and offer this prayerful act in honour of their
 deceased loved ones. You can do likewise! Contact
 01-8749464 / www.pioneerassociation.ie

CAR BOOT SALE

St. Joseph's College Car Park, Lucan

2nd & 4th Sunday of every Month

From: 8.30am – 1.00pm

Sellers' fees: €15 Cars and Small Vans (no large
 vans allowed). **Sellers' set-up time:** From 8.00am.
 Public. Admission: FREE

NO PRE-BOOKING required, just turn up and pay
 on site. The Car Boot Sales are organized by St
 Joseph's College Parent's.

Funds raise will go towards funding trip of TY
 students representing Ireland at World Mock Trial
 Finals in New York

Information: stjoeyspaevents@gmail.com

HOMO SAPIENS



The success of
 the Christian faith is so remotely improbable
 (from a worldly
 perspective) that it boggles the mind.

If you had looked at any of the political
 statistics, economic indicators, or opinion
 polls on an April afternoon in roughly 30
 AD, you would never have foreseen in a
 trillion guesses that a peasant who had just
 been laid in the grave in absolute obscurity
 after dying a criminal's death a few hours
 before would one day be evoked by nations
 and kings on the other side of the world and
 that they would look to Him as very God and
 pin their hopes and dreams on Him!

**Nonetheless, the thing happened and
 is continuing to happen to this day
 and neither kings nor armies nor all
 the powers of evil and of hell have
 been able to stop it!**

Today's verse records a prophecy that has
 been strictly fulfilled down to the letter in
 countless history books.

Jesus has indeed shut the mouths of kings,
 startled nations and taught peoples who had
 never heard of Him in life, but who fall at
 His feet now that He has conquered death.

JEFF

Isaiah 52:15

*So shall he startle many nations; kings shall
 shut their mouths because of
 him; for that which has not been told them
 they shall see, and that which
 they have not heard they shall understand.*

Dental Options, College Road, Clane

Now offering in our New State of
 the Art Award winning Surgery

- Cosmetic Dentistry
- Family Dentistry
- Specialist Orthodontist services
- Interest free credit and
 affordable payment plans



DENTAL OPTIONS

To Book a free Orthodontic Consultation
 with our specialist call 045/982483

or visit www.dentaloptions.ie

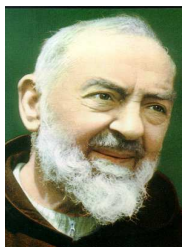
Free Orthodontic Consultation

with our specialist orthodontist

Dr. Eibhlin O'Leary BDS FDS MSc MOrth

worth €150 for a limited time only!

- Most competitive prices for
 braces in Leinster.
- Saturdays and late evening
 appointments available



**"There's an
Old Man
in my Room!"
A TRUE STORY
part 4**

On the 5th Dec 1975, my second child, a little girl named Kelly, was born by C-section in the Mater Hospital, Belfast, and was not given any chance of survival due to a congenital heart defect ... She only had a single ventricle, she was born with three chambers in her heart instead of four and her liver was grossly enlarged ...

When we had been told about the Padre Pio glove, the next Sunday we drove to Skerries. When we got there my husband asked if I knew where the lady with the glove lived I realized that I hadn't asked her address so we decided that I should get out of the car and ask someone.

I asked a gentleman a little way from our car if he knew a lady who had a relic of Padre Pio he said he did and brought me to the house where our car was parked outside! I was so delighted I didn't see the significance in this. When I knocked on the door I noticed that there were suitcases in the hall; the lady, Kathleen Thornton (as I now know her), and her sister were waiting for a taxi to take them to the airport. They were going on pilgrimage to San Giovanni Rotondo in Italy, the shrine of Padre Pio.

They blessed Kelly with the glove and I gave them an offering to get a Mass said for Kelly; they also gave me some magazines and a prayer leaflet with the prayer to Padre Pio on them.

We went back to the car and went to visit friends in Malahide, remaining there for a while and eventually we went home. On the way the children fell asleep so when we got home we put them straight to bed as we were going to Belfast the next day to bring Kelly to Hospital.

A little later I went to bed and for the first time I said the prayer to Padre Pio. A little while later Kelly rushed into my bedroom and said "Mammy, there's an old man in my room!"

I told her she was mistaken and there was no one in her room as I brought her back to her bed. As I tucked her in she was pointing over my shoulder and saying "look Mammy, there he is; he is smiling at us!" I have to say truly I did not see anyone in the room or get the sense of a presence.

I thought she had been dreaming or that she had a temperature and was hallucinating! When I went back to bed I could hear her talking to someone and giggling in her bedroom.

We were up early the next morning to get ready for our trip to the hospital in Belfast. As I made the breakfast I asked Kelly to get something from my handbag which was in the lounge when we heard her say "Mammy, Daddy! Come quickly! She had taken the magazine which the lady had given me and there on the front of it was a picture of Padre Pio. "That's him," Kelly said. "That's the man who was in my room last night!"

(part 5 next week)

Sister Disciples of
The Divine Master
Liturgical Centre
RELIGIOUS GOODS

Visit the Liturgical Centre, Blackrock, Co. Dublin for a large variety religious gifts, church goods and furnishings and liturgical articles.

We make and supply all that is needed for prayer and liturgical worship: vestments, altar linen, statuary, sacred vessels, metal-ware etc.

Support the Sister Disciples of the Divine Master in their ministry to spread the Gospel through art and beauty and to bring good religious art to our families and homes!

Afterwards you are welcome to spend some time in quiet prayer in the Chapel of Adoration which is beside the Liturgical Centre. The Sisters pray for you at daily Adoration and are happy to take prayer intentions.

For more information contact the Liturgical Centre on 01 2886414 or pddmdublin@eircom.net.

**St Joseph's
Young Priests' Society**

A society of lay people, approved by the Irish Episcopal Conference, was founded in 1895, to foster vocations to the priesthood and religious life, and to assist financially in the education of students for the priesthood.

The Society also seeks to promote the vocation of the laity, foster a greater understanding and love of the Holy Eucharist, and help members to be Christ's presence in every aspect of life.

You can support St Joseph's Young Priests' Society by supporting the branch in your parish or contact the General Secretary of the Society at: St Joseph's Young Priests' Society, 23 Merrion Square, Dublin 2. Tel: 01-6762593 Fax: 01-6762549. Email: sjyps@eircom.net. www.stjosephsyoungpriestsociety.com

AL-ANON Meetings

Naas: Mondays 8.15. Ballycane Church, (Tuesdays on Bank Holiday weekends).

Blessington Parish Centre, starts Friday 24th of June 2011 at 8.15pm and every Fri.

Portarlinton: Tue 8 Mt. St. Anne's,

Newbridge: Wed 8.30 Parish Ctr, Station Rd.

Celbridge: Wed. 8.30 Oakly Park House, St. Raphael's,

Clane Rd, Celbridge.

Kildare: Thurs 8.30 Aras Bhride Parish Centre.

Athy Thur 8.30 Kare Ctr, Woodstock St.

Tullamore Thurs 8.30 Parochial Hse.

Lucan: Sat 7.30 Parish Ctr, St. Mary's Church.

Rathcoole: Sun 8.30 Dr Clarke's Surgery.

"I saw your ad in the Open Door" 13

**Bring
your
business**

into 6000 homes every week

01-6106522 –

01-6273219

087-9381997,

info@theopendoor.ie

www.theopendoor.ie

**The Benenson
Society**

**PRO-LIFE protector of
ALL people's rights!**

Please take a look at The Benenson Society's website and please publicise widely - www.benensonsociety.org

The option to the former defender of (all) life – 'Amnesty International', the Benenson Society was set up in protest at the about-turn by Amnesty, despite colossal worldwide protest, in no longer defending the most vulnerable of all human beings – the baby in the womb.

Peter Benenson (31 July 1921 – 25 Feb 2005) was an English lawyer and the founder of Amnesty International.

**KILDARE / WEST
WICKLOW**



INDOOR BOWLS

- **Rathcoffey** - Mary Flood 01/6287420
- **Prosperous** - Marie Kelleher 045/841959
- **Ardclough** - Brian Walshe 01/6275224
- **Johnstown** - Bridget McDonald 045/875225

MAYNOOTH GARDEN CENTRE

Leixlip Road, Maynooth (beside Tesco)

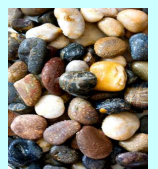


Full array of

Decorative stone & pebble

for graves, flower beds, gardens etc...

Great deals on 1 tonne bags



For any queries call Vincent on 087-6874485 for order & delivery

THE OPEN DOOR
WWW.THEOPENDOOR.IE

**CLANDILLON
 MOTORS**

Dublin Rd, Celbridge
**Service, sales
 & crash repairs**

01-6275842 087-2810221
www.clandillonclassiccars.com

**Plumbing
 & Heating**

Gas + Oil
 boilers serviced



- Local tradesman
- Over 20 years exp

Phone **087-2490622**

SEI reg no: 10953
 RGI reg no: R0911



**ASBESTOS
 ROOFS**

Don't replace... Let us
 refurbish, from the outside!

MATTHEW & SON

SEAI Reg'd

info@matthewandson.ie
www.matthewandson.ie

087-2347327

Tel/Fax 01-6244249

**OUTSOURCE
 Payroll &
 Accounting
 Services**

- All tax returns
- maryduggan09@yahoo.com

**REVIVE
 your existing
 KITCHEN!**

- Revive your existing kitchen with professionally painted finish.
- Before/ after photos of our work are on our website.

**SPECIALIST
 PAINTERS**

Greg & Orla Martin
www.decorating.ie
 086-3944272, 086-8804177

Doctors for Life Ireland

Doctors for Life Ireland has launched a website
www.irishdoctorsforlife.com

Mission statement:

"Doctors for Life Ireland is an organisation for doctors who wish to uphold the practice of medicine as a service to human life at all stages. It is open to medical practitioners and health care professionals of every specialty, both working and retired. It aims to provide evidence-based and factual information to doctors and others who are concerned about the ethical questions relating to patient care and practitioner responsibility at all stages of life. It is not affiliated to, or part of, any other organisation.

Doctors for Life Ireland offers educational and professional support to doctors and others who are involved in the ethical questions relating to patient care and practitioner responsibility at all stages of human life."

Dr Deirdre Gleeson MB FFCM MICGP HDOH DCH DOB

Specialist in Occupational Health
deirdregleeson@medwise.ie

Prayer to St Jude

Most holy apostle, St. Jude, faithful servant and friend of Jesus, the Church honours and invokes you universally as the patron of hope.

Please intercede on my behalf.

Make use of that particular privilege given to you to bring hope, comfort, and help where they are needed most. Come to assistance in this great need that I may receive the consolation and help of heaven as I work with my challenges, particularly (here make your request).

I praise God with you and all the saints forever. I promise, Blessed St Jude, to be ever mindful of this great favour, to always honour you as my special and powerful patron and to gratefully encourage devotion to you. Amen. (Bridget)

**Holy
 Hour**

Rosary and Adoration of the Blessed Sacrament every Monday from 8 to 9.30pm
 Church of Transfiguration, Bawnogue Parish, Clondalkin, Dublin 22.
 All welcome.

**Handier-Man
 Services**

All types of -

- Carpentry,
- Roofing,
- Gutters, Insulation,
- Painting. Fully Insured.



"No job too big or small"

Phone Michael
 085 1846010

**Archbishop Eamon Martin
 launches online
 Advent Calendar for 2016**

"As Advent is the season of preparation for the coming of our Lord, I encourage the faithful, notwithstanding our hectic schedule over the coming weeks, to make time to pray – alone and with loved ones – and by so doing to draw nearer to Christ." – Archbishop Eamon Martin

Archbishop Eamon Martin, Archbishop of Armagh and Chair of the Council for Communications of the Irish Catholic Bishops' Conference, has launched a specially commissioned 2016 Advent Calendar on the homepage of the Irish Catholic Bishops' website www.catholicbishops.ie to coincide with the beginning of Advent on Sunday 27 November.

Launching the calendar, Archbishop Eamon said, "The season of Advent marks the beginning of the Catholic year and the time of spiritual preparation for the Lord's coming at Christmas. It is a time of waiting, conversion and hope. Advent also prepares us for the second coming of Christ at the end of time. As Christians, we must always be prepared for the coming of the Lord - 'You must stand ready because the Son of Man is coming at an hour you do not expect' [Mt 24:37-44]. Preparation does not happen at once but over time and so each day of Advent amounts to a period of time which allows us to journey and reflect on the joy of the Gospel. Our online calendar is a helpful resource in this journey."

"This year, the beginning of our Catholic new year coincides with the conclusion of the Jubilee Year of Mercy which we celebrated as a universal Church at the invitation of our Holy Father Pope Francis. Across Ireland, in parishes, schools, religious communities and places of pilgrimage, hundreds of special gatherings and events took place to mark the Jubilee Year and to emphasise its key message - that the name of God is mercy; that God's mercy is available to all, and we are, in turn, called to be merciful as our Heavenly Father is merciful... .."

He concluded, "As Advent is the season of preparation for the coming of our Lord, I encourage the faithful, notwithstanding our hectic schedule over the coming weeks, to make time to pray – alone and with loved ones – and by so doing to draw nearer to Christ."

Celbridge Elm Hall Golf Club

Hazel Hatch, Celbridge, Co. Kildare 01-6288208



- Full membership €595
- Five day membership €399
- Junior Membership €195



Call to the clubhouse on Loughlinstown Road, (only 5 minutes from Celbridge) or contact club 01-6288208.

CHURCH OF IRELAND

Sunday Worship : St Finian's Church,
Newcastle Lyons at 9am. Straffan
Church 10.15am, Christchurch Celbridge
11.30am Every Wednesday at [10.am](#) in
Christchurch Celbridge, Holy Communion with
Prayers for Healing .

ENQUIRIES - re Baptism, Confirmation,
Wedding, Funeral or general enquiries, please
contact Rev Stephen Neill, Tel 01-6288231
Mobile: 087 2328172

Email: Stephen.neill@gmail.com,

Parish Website: www.cs-nl.org

Newman College Ireland

Newman College Ireland is accepting
applications for its third incoming class!
Newman College Ireland is a Catholic third level
institute offering a four year liberal arts degree.
Newman College Ireland complies with Ex
Corde Ecclesiae, the Catholic Church's
constitution for Catholic Higher Education.
Information about Newman College Ireland and
the application process is available from the
college website www.newmancollege.ie,
by email from admissions@newmancollege.ie
and info@newmancollege.ie 087 278 6552

Anti Bullying Training

**NPC Anti Bullying Training sessions for
Parents – in venues around the Country -**

Anti Bullying sessions for parents have been
arranged in a number of venues throughout the
country. The sessions will enable you to support
your child regarding issues of bullying and will
also inform you about the Anti Bullying
Procedures for Primary and Post Primary
Schools.

**To book please go to the NPC website
www.npc.ie or email info@npc.ie with your
details, the date and your preferred venue. **All
parents welcome. All sessions will commence
at 7.30pm. FREE ADMISSION****

Retreats (18-40 yrs)

Contemplative, monastic... .. An opportunity
to step aside from the hustle and bustle of
modern living to reflect on God's tender love for
each of us. A retreat takes places one weekend a
month, Fri evening to Sun afternoon.

Cost: donation. Contact Sr Úna 906481666
youthretreats@gmail.com

Request for Volunteers

Viatores Christi, a Catholic association, founded
in 1960, recruits, trains and places people with
skills and life experience in roles with our
mission partners in areas of need overseas.

We are currently seeking people over the age of
21 (retired people especially welcome) who are
interested in overseas volunteering. We offer a
comprehensive training programme to help you
discern whether overseas volunteering is for you
and full support before, during and after your
placement if you do decide to go overseas.

www.viatoreschristi.com
colette@viatoreschristi.com Tel. 01-868 9986

HELP

with the
HARVEST!



The Four Marks of Christ's Church

part 3

In our previous articles, we have
examined the statements in the
historic Creeds of Christianity regarding the Church;
specifically, that the Church is One, that Jesus only
established One Church; and that the Church is Holy
by virtue of being the Body of Christ as well as the
holy lives of the Saints..

No other denomination, fellowship or convention can
legitimately make these statements.

We now turn our attention to the two remaining marks
of the Church: its *Catholicity* and *Apostolicity*.

3. Catholic.

The One Church of Christ is Catholic, that is, universal
or worldwide. It is a Church that embraces different
cultures and nationalities and adapts itself and its
liturgy to those cultures, without compromising the
core of what it really believes. Pope John Paul II
referred to this adaptation as *inculturation*. But rather
than being divided along national or ethnic lines, the
Catholic Church wherever it is found maintains the
essentials of the Faith and the heart of its liturgy.

Wherever one travels in the world, one will find this
Church. Every minute of every day, somewhere in the
world, the liturgy of the Eucharist is being celebrated.

And of all the world's institutions, only the Catholic
Church remains faithful to standing up for the cause of
human dignity and human life, even in the halls of the
United Nations. Only the Catholic Church is capable
and qualified to address the problems of the world as a
whole. The Church is the ultimate unifier: the solution
for problems such as racism and sexism. In the
Catholic Church, mankind is reunited, made one in
Christ.

4. Apostolic.

The One Catholic Church is apostolic, built upon the
foundation of the Apostles (Eph. 2:19-22). Today,
only one Church can rightfully claim to trace its
lineage back to Christ and His Apostles. Only One
Church has an unbroken line of succession, in
complete unity with the successor of the Apostle Peter.

The oldest of Protestant denominations, that founded
by Martin Luther, has only been in existence for 500
years; and even the Eastern Orthodox churches have
been completely severed from the Catholic Church for
less than 600 years.

When we look at the history and the legacy of the
Catholic Church, we must accept that its claims are
true. It is indeed the One, Holy, Catholic and
Apostolic Church mentioned in the Creeds, and the
One Church referred to by Jesus. And while we
uphold the Church's teaching that much of Christian
truth can be found in other "denominations", only
Christ's One Church possesses the fullness of that
truth.

*Michael Matthews is a Catholic evangelist,
apologist, author and conference speaker, and a
former ordained independent, fundamental Baptist
minister. Email - triumph@catholicexchange.com*

Study THEOLOGY from home!

The Dominicans are offering
a theology programme
specifically for lay people,
offered by distance learning.

Study for a certificate,
diploma or degree in
theology, & become more
educated in the Faith, all from
home. The Priory Institute,
Tallaght Village, D 24, Tel.
(01) 404 8124/7,
enquiries@prioryinstitute.com
www.prioryinstitute.com

ALATEEN

Teenagers:

If you have a parent, family
member or friend who
drinks too much, you can
see what it's doing to them.
But can you see what its
doing to you?

For information and help
phone; Al-anon information
centre: 01 8732699, or
www.al-anon-ireland.org
Alateen meet in Ballycane
Church, Naas, Monday nights
at 8.00. No meeting on bank
holiday Monday weekends

EVERY STORY NEEDS A LISTENER !!

A listener listens with the
heart! This is as true today as
it was in the 1800's when
young French women,
Victoire Larmenier listened to
the social and spiritual plight
of the young, old and
abandoned in London. She
felt compelled to provide a
'home' for the aged and
education for the young. With
the assistance of many
generous friends and
surmounting many obstacles,
she established the first

Nazareth House in
Hammersmith, London. From
there her legacy continues to
be a lived reality through the
Mission of the Sisters of
Nazareth to those in need in
many countries throughout
the world

If you would like to know
more about the Sisters of
Nazareth in Ireland,
please contact:
regional.ie@nazarethcare.com

WWW.THEOPENDOOR.IE



**ENERGY RATING ASSESSOR
BER CERTS**

- Energy rate your building
- Planning applications –
- Drawings for extensions,
- Conversions, renovations
SEAI registered.

Contact: John Doyle
01 4459153 / 086 7722892

Volunteers make an enormous difference every day at The Ronald McDonald House. We need help with all the following tasks: Cooking, Painting, Decorating, Gardening, IT, HR, PR, Event Management, Website, Photography, Printing, Administration, DIY, Maintenance, Hairdressing, Beauty and so much more besides. If you have time to spare and skills to help we would love to hear from you. Please contact us at: The Ronald McDonald House Charity, Our Lady's Children's Hospital, Crumlin, Dublin 12, Ireland. ronaldhouse@rmhc.ie | +353 01 4560435 | www.rmhc.ie | CHY12553

ADVENT

The word Advent is from the Latin *adventus* for "coming" and is associated with the four weeks of preparation for Christmas.

Advent always contains four Sundays, beginning on the Sunday nearest the feast of St. Andrew the Apostle, (November 30) and continuing until December 24. It blends together a penitential spirit, very similar to Lent, a liturgical theme of preparation for the Second and Final Coming of the Lord, called the Parousia, and a joyful theme of getting ready for the Bethlehem event.

Since the 900s Advent has been considered the beginning of the Church year. This does not mean that Advent is the most important time of the year. Easter has always had this honour.

The traditional colour of Advent is purple or violet which symbolizes the penitential spirit. Religious traditions associated with Advent express all these themes.

THE ADVENT WREATH ...

"Customarily the Advent Wreath is constructed of a circle of evergreen branches into which are inserted four candles.

According to tradition, three of the candles are violet and the fourth is rose. However, four violet or white candles may also be used" (Book of Blessings 1510). The rose candle is lit the third Sunday of Advent, for this colour anticipates and symbolizes the Christmas joy announced in the first word of the Entrance Antiphon: "Rejoice" (Latin, Gaudete). For this reason the Third Sunday is also called Gaudete Sunday, and rose colour vestments are permitted.

The Advent Wreath represents the long time when people lived in spiritual darkness, waiting for the coming of the Messiah, the Light of the world. Each year in Advent people wait once again in darkness for the coming of the Lord, His historical coming in the mystery of Bethlehem, His final coming at the end of time, and His special coming in every moment of grace.

During Advent, family and friends can gather around the Advent Wreath lighting the appropriate candle(s), and have a moment of prayer.

Advent is the beginning of the Church's new liturgical year. It is a season of spiritual preparation, marked by eager longing for the coming of the Saviour at Christmas, and for His second and final coming. It is also an ideal time to establish in our homes liturgical customs which will restore our children to Christ.

Fr Eamonn McCarthy CC, Macroom, Co. Cork.

The free CD talk is still available – on 'the Healing Power of Confession'. If you would like a copy, just text "Confession CD" with your name and address and I'll gladly send it. **(085) 85 85 308.**

FLAT ROOFS
PERMANENT SOLUTION
MATTHEW & SON
Building & Roofing CONTRACTORS
087-2347327,
01-6244249
Insurance estimates & Quotations, Established 1982

VALUE CARS FOR SALE
10 Qashqai 5dr, 1.5. diesel
00 Micra
06 Berlingo Van
08 Ssangyong Jeep
02 Focus
Part exchange considered
Phone 085-1053232

GAS OR OIL?
Getting Hold of the Right Person can be Difficult!
- Boiler servicing & repair
- Gas appliance installation & certification
- Gas fire repair
- Gas leak detection
01- 610 4300
087-2214854
CERTIFIED GAS INSTALLER

Dunboyne CÉILÍ Club

Cairde Rince Céilí na h-Éireann

Adult Céilí Dancing Classes - every Thursday after that. Old School Hall, Dunboyne Village, 8.30pm - 10pm. Price €5.00 per night. Beginners most welcome.

Come any night; give it a try. If it is not for you no harm done. It's not Riverdance! - suitable for all ages. Trained teacher.

Any information contact Finnian 01-8252799

WHAT EVERY WOMAN SHOULD KNOW ...

NAOMI-Billings Ireland leaders in Fertility Education have been teaching the Billings Ovulation Method of NFP in Ireland for ovary forty-five years.

This Method enables couples plan / postpone pregnancy, can be used while breastfeeding, through menopause, post pill, helps couples having difficulty conceiving. We are now at 2 Grove Road, Glasnevin, Dublin 11 weekday mornings for appointments - telephone 01 8786156 inforequest@naomi.ie - web: www.naomi.ie

We also run PRE-MARRIAGE COURSES and have been doing this for over thirty-five years.

For forthcoming dates visit www.irishweddingsonline.com or e-mail: naomipremarriage@naomi.ie -

Telephone Ita 01 8786156.

--- TIME TO STOCK UP ON WINTER FUEL ---
SOLID FUEL & GAS DEPOT
Garden Centre, Leixlip Road, Maynooth (past Tesco)
• Calor Gas – drive in for all size cylinders
• 40KG Polish Coal • B n Mona Briquettes
• Turf • Logs per bag (also in 1 tonne bags)
• Kindling Wood pellets • Kiln Dried Timber
Queries and re free local Delivery call Vincent 087- 6874485

SOLOMON GRINDS Lucan
CLASSES NOW RESUMING
SUBJECTS
* J.C. HONS/PASS MATHS
* J.C. HONS SCIENCE
* J.C. HONS/PASS IRISH
* J.C. HONS ENGLISH
* J.C. HONS BUS. STUDIES
* J.C. HONS FRENCH
* J.C. HONS GERMAN
* L.C. HONS/PASS MATHS
* L.C. HONS/PASS IRISH
Tel: 01 6284171
EXPERIENCED TEACHERS
SMALL CLASSES - EARLY EXAM FOCUS
CENTRAL LOCATION - €17/CLASS
* L.C. HONS ENGLISH
* L.C. HONS/PASS FRENCH
* L.C. HONS/PASS GERMAN
* L.C. HONS GEOGRAPHY
* L.C. HONS CHEMISTRY
* L.C. HONS BIOLOGY
* L.C. HONS PHYSICS
* L.C. HONS HISTORY
* L.C. HONS BUSINESS
* L.C. HONS ACCOUNTING

WHY I'M CATHOLIC!

INFANT BAPTISM

By Steve Ray



Infant Baptism is a rite by which children who have not yet attained the age of reason are initiated into the Family of God—the Church.

Original sin, which destroyed the life God in soul of our first

parents, has been inherited by all their descendants. Infant Baptism remits the effects and stain of Original Sin while Sanctifying Grace is infused into the infant's soul (Catechism 1250). Even though the majority of Protestants practice Infant Baptism it is rejected by many others. The rite has a biblical foundation and can be traced back to apostolic times, though first explicitly mentioned in 2nd century.

To grasp the background and origins of Infant Baptism we must understand the original recipients of the New Covenant. During the first years, the members of the Church were exclusively Jewish. The Jews practiced infant circumcision, as mandated to Abraham (Gn 17:12), reaffirmed in the Mosaic Law (Lv 12:3), and demonstrated by the circumcision of Jesus on his eighth day (Lu 2:21). Without circumcision no male was allowed to participate in the cultural and religious life of Israel.

The rite of circumcision as the doorway into the Old Covenant was replaced in the New Covenant with the rite of Baptism — both applied to infants. St. Paul makes this correlation: "In him also you were circumcised with a circumcision made without hands, by putting off the body of flesh in the circumcision of Christ; and you were buried with him in baptism" (Co 2:11–12). The *Catechism* informs us that "this sign [of circumcision] prefigures that 'circumcision of Christ' which is Baptism" (CCC no. 527).

When Peter preached under the inspiration of the Holy Spirit on the Day of Pentecost he was speaking to a Jewish audience (Ac 2:5–35). Peter announced, "Repent, and let each of you be baptized in the name of Jesus Christ for the forgiveness of your sins; and you shall receive the gift of the Holy Spirit. For the promise is for you and your children" (Ac 2:38–39).

The Jews would have been dismayed had the New Covenant not included their children, since it was promised, and the New Covenant was to be an improvement on the Old in which they were included.

The New Testament frequently implies that adults and children were included in the rite of Baptism. For example, when the head of a household converted and was baptized, his entire household was also baptized with him (Ac 16:15, 33; 1 Co 1:16). The inference of course, especially based on Jewish understanding of the family and covenants, would include the aged, the adults, the servants, and the infants. If the practice of Infant Baptism had been illicit or prohibited it would surely have been explicitly forbidden, especially to restrain the Jews from applying Baptism to their infants as they did circumcision. But we find no such prohibition in the New Testament nor in the writings of the Fathers—a silence that is very profound. (Cont)

Steve Ray, convert from Evangelical Protestantism, is author and speaks worldwide defending the authentic Catholic Faith.

www.CatholicConvert.com

An Ghníomhaireacht um Leanaí agus an Teaghlach

Child and Family Agency

There is an urgent need for foster carers willing to provide a home to children and adolescents in this area.

Foster families are needed for children of all ages, from birth to eighteen years and beyond.

The Child and Family Agency is currently running a campaign to find families who are willing to provide safe, loving and secure homes for children and adolescents.

For information 076 6955550, www.fostering.ie

Free Pregnancy & Parenting Support Service

LIFE Pregnancy Care have announced the launch of our FREE services in St John the Evangelist National School, Adamstown, Lucan.

LIFE pregnancy care are a registered charity funded by the H.S.E (Crisis Pregnancy Programme) providing FREE pregnancy and parenting counselling/support.

Are you Pregnant? Are you a parent? Have you just had a baby? If you answered yes to any of these questions and would like some support we are here to help. Our services are open to Mums, Dads & Grandparents and include the following:

- Pregnancy Counselling, Support, Testing
- Social Welfare Advice & Entitlements
- Parenting Support for Mums & Dads
- Parenting Courses
- Accommodation Services (Expectant Mums & Mums with babies under 6 months).
- FREE Helpline 1800 281281

For more information on our services or to book an appointment in confidence, call 01 6351492

North Kildare Junior Arch Club



North Kildare Junior Arch Club is a friendship club for children and young people with special needs, along with their parents and siblings. We meet every Tuesday during term-time, from 7pm-8:30pm in Leixlip Youth and Community Centre. We aim to develop member's social skills and self-esteem through a range of activities and games, and most importantly to provide a fun, secure social outlet for children and young people with special needs.

During school holidays we organise day trips. The club is for children and young people aged 5 to 15 years. The emphasis is on participating in and enjoying the activities. As our members have a variety of abilities, activities are always offered at a variety of difficulty levels suits individual member.

For further details contact: Una on 086 408 4857 or Carol on 087 325 2798

Westwood Tree Care & Garden Maintenance

- Tree pruning/ felling
- Hedge trimming
- Leaf clearance
- Mulching
- Green waste removal



Special Deal: ½ day garden maintenance €95

Fully Insured, refs available

Contact Robert: 089 247 3345

LUXURY Landscapes Ltd

All Landscaping Solutions

- Specialists in Garden Design & Construction
Seamus Beirne N.D.A.Hort

Phone 087-6683018,
Tel/fax 01-6284972



Portlormar, Killock

GARDEN MAINTENANCE

/ DRIVEWAY CLEANING CONTRACTOR

Call Kevin
087 2670648



SPECIAL OFFER

CLEAN GUTTERS

Front & back, downpipes, valleys, mortar repaired etc
from €50 Fully insured

- Power wash, walls painted
- - Full room makeover
- - Old wallpaper removed
- - Damp walls dry-lined
- - Bathrooms remodelled
- - New flooring, skirting, skimming, painting, etc.
- Free quote, top class work

Call Jack 087-9957301

045-252590

www.housedoctor.ie

Tired

of being tired?
Exhausted
& Stressed?

Overweight, Skin problems?
Digestive problems? Get your Free Brochure & Get yourself started steps Today!

- Gertrude Lawler, Food Technologist, Natural Juice Therapist.
Gertrude@kinesicare.ie
www.gertrudelawler.com
086 3888535

VALUE CARS FOR SALE

10 Qashqai 5dr, 1.5. diesel
00 Micra
06 Berlingo Van
08 Ssangyong Jeep
02 Focus



Part exchange considered

Phone 085-1053232

One Day More Support Group-

One Day More is a support group for parents who have received a diagnosis that their babies have a life-limiting condition in the womb. They have all found that having someone to talk to who was in the same situation was immensely helpful and they now offer that support to other parents. The group also promotes the perinatal palliative care model, which is also something of huge benefit to families who are facing difficult diagnoses.

They engage in fundraising efforts for perinatal palliative care facilities, and also for the support of initiatives like "Hugh's House", a home-for-home for families whose babies are seriously ill and who are receiving expert medical care in Dublin. This is a tremendous facility for families and its founders, Ade Stack and Marty Curley, won a People of the Year award in 2015 for their hard work.

The website for One Day More is www.onedaymore.ie and they also have a Facebook page at www.facebook.com/One-Day-More. If you'd like to read about Hugh's House, website is <http://www.hughshouse.ie/> Facebook - www.facebook.com/Hughs-House

CAR BOOT SALE

St. Joseph's College Car Park, Lucan
2nd & 4th Sunday of every Month

From: 8.30am – 1.00pm
Sellers' fees: €15 Cars and Small Vans (no large vans allowed). **Sellers' set-up time:** From 8.00am
Public Admission: FREE
NO PRE-BOOKING required, just turn up and pay on site. The Car Boot Sales are organized by St Joseph's College Parent's. Funds raise will go towards funding trip of TY students representing Ireland at World Mock Trial Finals in New York

- Further info: stjoeyspaevents@gmail.com

NCBI Charity Shops

NCBI, the national sight loss organisation, has charity shops in Celbridge, Clane, Naas, Newbridge and Maynooth, making a vital contribution to fundraising efforts, directly benefiting thousands of people in the local community. We would like to thank all for their support.

Donations of clothes, bric-a-brac and household items are greatly appreciated. Call in and see new Jewellery, clothing and gifts. New Volunteers always welcome. NCBI - working with people with sight loss.



Total Consecration to Jesus through Mary

Ever considered consecrating yourself to Jesus through His Mother? The ideal way to do this is to make the 33 day consecration as given to the Church by St Louis de Montfort, (A.D. 31 January 1673 - 28 April 1716). He founded the Daughters of Wisdom -- an Order devoted to hospital work and educating poor girls -- and the Company of Mary (the Montfort Fathers), a missionary group of priests. It was for his devotion to Mary that he is most remembered.

"I am all thine, and all that I have is thine, O most loving Jesus, through Mary, Thy most holy and Immaculate Mother."

There are 'modernised versions' of this epic book, but best to stick to the original one by St Louis and stay clear of copies.... This is the original 33 day total consecration which lay buried for 126 years.

Recommended by many popes for these times... It was the basis for St Pope John Paul's motto of 'Totus Tuus' consecration to Our Lady. The format can be downloaded on these sites, free of charge.

WWW.IIPG.ORG/CONSECRATION1.HTM
www.fisheaters.com/totalconsecrationmontfort

Craft Fair

St Joseph' Parent's Association in Lucan are hosting a Craft Fair on the weekend of the 3rd - 4th of December 2016 in St. Joseph's College Lucan (located beside St Mary's Church in Lucan Village).

The Fair will be open to the public from 10am to 4pm on the Saturday and Sunday and crafters will be able to set up on from 9 am on the morning of Saturday December 4. The cost is €40 for the 2 days and tables can be reserved by emailing stjoeyspaevents@gmail.com.

Fáilte Isteach

Welcoming migrants through Conversational English Classes – The Fáilte Isteach Centre, Salesian College, Celbridge, needs a Coordinator and additional Tutors for the term beginning September 2016. If you would like to volunteer 2 hours per week please contact Síle McGowan at smcgowan.hbx@gmail.com /01 6288459 No teaching experience required



'Gianna Care is a confidential, life-affirming organisation which helps and supports women in unexpected pregnancies and those suffering after abortion, completely free of charge.

Our centre provides counselling, ultrasound scanning, baby equipment and many other services. These services are provided by volunteers.

We are looking for new volunteers to help us to continue to reach out to women.

We need help with general office work, cleaning, organising baby clothes/equipment and directly helping women in crisis situations.

No previous experience - full training provided. Contact Carolyn anytime 086 029 3727 or email info@giannacare.ie for any questions or information. Visit website www.giannacare.ie.

BRING YOUR BUSINESS

into 6000 homes every week- An ad in the Open Door is your man!

01-6106522

advertising@theopendoor.ie

Bed & Breakfast

Greenacres, Dublin Rd, Celbridge

Ph/Fax 01- 6271163
ptmccabe@eircom.net

Autistic Children Kildare / West Dublin Support

Parents and careers of Autistic children! We meet on last Wednesday of month at 8.30pm Riverforest Hotel Leixlip.

A variety of issues are discussed, empathy assured and practical help available.

For information come along or ring

John Hanlon 087 2621309

Life Pregnancy Care

Life Pregnancy Care located in Dublin, Cork and Thurles offering free, non judgemental crisis pregnancy counselling and post abortion counselling for both men and women. All staff accredited

Counsellors/ Psychotherapists. Our Services include: Homeless Accommodation - Drop in Centres - Outreach Services, Crèche facilities - Parenting Courses - Pre Natal Courses – Educational Programmes Information service & Helpline

Phone 1850 281 281

Website: www.life.ie

InfoMarex Translation Agency

t. 01-627-1249

e. translations@infomarex.com

w. www.infomarex.com

Arabic, Brazilian, Portuguese, Chinese, Croatian, Czech, Danish, Dutch, English, Finnish, French, German, Greek, Hebrew, Italian, Japanese, Korean, Norwegian, Polish, Portuguese, Romanian, Russian, Serbian, Spanish, Swedish, Turkish, Ukrainian and more

“God bless the radio, and may Radio Maria be listened to by all of you in your cars, in your kitchens or while you’re working. Everybody has to listen to this radio that is fulfilling the great mission of evangelisation. We need Radio Maria to reach everybody throughout the world.”

POPE FRANCIS

Please support us to share the good news and listen LIVE through any of the following options. Please visit our website or Facebook for our weekly schedule.

1. Simply dial **01-437-3277** (Included in your free local calls)
2. LIVE on website - <http://radiomaria.ie/live-stream/>
3. **DAB radio** (“Maria +” or “Maria”) currently works in Dublin city and Cork city (Calls us for a DAB radio)
4. “Radio Maria Ireland” on **Internet radios**
5. Please download our **free mobile APP** – “Radio Maria World Family” on App store / Play store / Windows store

If you would like to help us, we kindly request you to setup a standing order with your bank for a monthly donation.

Account Name: Radio Maria (Ireland) Ltd.
Account No: 93688261, **Sort Code:** 900033
IBAN: IE07 BOFI 9000 3393 6882 61
BIC: BOFIE2D

Contact: Joy - Mobile 087-4102784
 Radio Maria Ireland, Unit 8, St. Anthony’s Business Pk, Ballymount Road, Dublin 22
 Kindly send us your valuable feedback by post or email - info@radiomaria.ie

Please like our new Facebook page - <https://www.facebook.com/Radio-Maria-Ireland-801618736624472/>

Sue Ryder Foundation

The Sue Ryder Foundation is the largest provider of accommodation for the elderly in the country.

We support this activity through our charity shops in Naas and Newbridge, with new shops opening in Maynooth, Celbridge and Leixlip in the near future.

If you have furniture to donate for the support of our work contact us on **057 87 31071** or call to our shops. www.suerydfoundation.ie

GARDEN MAINTENANCE
 / DRIVEWAY CLEANING CONTRACTOR
 Call Kevin
087 2670648



Starting today the healthy way!



Series on Food & Health

Every Cell and every part of your body is interconnected

Part 2

Everything is interconnected, wow, thank you for all your response to this, it has been magic! Ok, so let’s delve a bit deeper, a lady came to me with chronic neck problems, (chronic meaning long term,) she was suffered with a very heavy tired head and ongoing sinus issues for over 30 years. She had been to physiotherapy for years on and off and really found very little relief, her doctor could only recommend pain killers or anti-inflammatories, in bad cases antibiotics for the repeated sinus infections ... Her daily routine involved holding her head up with her hands at times and always having to put heat onto the area before bed in order to get some relief. Turning her head was difficult and changing routine/ posture to accommodate this meant many other compensations in her back.

Upon working with her it very quickly became apparent it was not her neck at all which was the problem even though this is where her symptoms manifested, she had a digestive problem and was not producing sufficient digestive enzymes. Therefore over the years of her stomach not really doing its job the best it could the neck muscles and jaw muscles compensated and became very tight. By going through her diet and making necessary changes(cutting out her daily sugar fixes) and by changing her eating habits (chewing more slowly and thoroughly and taking her digestive enzymes) her neck problem resolved.

This is just one example to help you see that where your symptom is right now may not be anything to do with that area at all. Of course sometimes it will be at the location depending on the issue but more often than not it is somewhere else in the body and 99% of the time is related to the digestive system or gut.

The reason why this is so hugely involved in practically every disease is because the digestive system FEEDS every other system in the body, so if the digestive system is not in tip top shape every other part of the body suffers.

It really is about getting to know your own body; nobody can ever know your own body better than you. The problem with most people is that they don’t look inwards when a health issue occurs and hope that some quick fix or a dose of antibiotics or surgery or whatever will solve the problem. I have worked with countless people over the years who have been down this road and have had repeated surgeries for discs, joints etc but the problem keeps recurring for many due to other factors not being addressed such as diet, stress, medication, posture, daily lifestyle, work habits etc for example if poor lifting is causing you back problem, painkillers or surgery will only fix the issue temporarily , the habit and the way of “BEING” must change in order for the core problem to be treated.

Get to know your own body, listen to it, give it some quiet time and see what insights you can gain. The answer, the true answer lies within but without time to just be and reflect and look at yourself with fresh new eyes the answer will fail to be noticed. Of course we all need help with this at first as over the years of conditioning we have lost our natural innate ability to do it on our own, So get th help you need, there is lots of it available.

Gertrude Lawler, Health for life practitioner, natural juice therapist, Food technologist, practices in CLANE. Enquiries or to obtain FREE ‘Healthy You Steps’ please contact [Tel:086-3888535](tel:086-3888535) or Email: Gertrude@kinesicare.ie www.gertrudelawler.com

PAINTER DECORATOR

SPECIAL OFFER

- Hall, stairs, landing from €170
- Interior/exterior
- Free quotes, top quality

To avail of this offer now call **Greg 089 4490924**



ATLANTIC FLOOR SANDING

Specialist in Domestic & Commercial

- Solid/semi-solid,
- Sanded, stained, lacquered

www.atlanticflooring.ie
 Free quote from Bernard
0872321737, 01-6242727

WESTSIDE BLINDS


Serving you for over 15 yrs!
 All types of blinds and shutters
 Supplied/fitted within 4 days
www.westsidehomeandgarden.ie
087 2695739/01 6213039



UPHOLSTERY

- Excellent work,
- Free quote

Phone John
01-6244318
086-6021445



H&K INTERIORS

Specialists in Curtains & Blinds

www.handkinteriors.ie
01 906 5919
086-3755025 / 087-6787244
 20% off blinds with this ad
 Visit our new showroom at Unit D1, M4 Business Park, Celbridge (Behind the Applegreen service station).
www.facebook.com/hk.kildare

Hegartys SOLICITORS

Maynooth / Leixlip / Celbridge

- Buying Selling or Re-Mortgaging Property
- Domestic or Commercial
- Competitive rates,
- Debt collection

Ph:01-6293246 Fax:01-6293247
info@hegartyssolicitors.ie

Bring your business into 6000 homes every week...

- 01-6106522 - (box ads)
- info@theopendoor.ie
- www.theopendoor.ie

Youth 2000 Maynooth

Prayer meeting every Monday 6pm for young adults (18-35)
Pure in Heart prayer group every Wednesday at 7.30pm St Catherine's, North Campus.

PARISH NOTICES

To be sure of space for parish notices please send in well before Monday evenings, info@theopendoor.ie

Ads can now be taken over the phone if paying by credit card, laser card etc... 01-6106522... 087-9381997 www.theopendoor.ie

Smokers Cough? or COPD?

(Chronic Obstructive Pulmonary Disease)

The Irish Thoracic Society (ITS) have launched a new web site to help promote awareness of this condition. www.itsbreathtaking.ie

The site provides a 5 point survey that you can complete and bring to your G.P. to assist in the diagnosis of the condition.

- For information talk to your G.P or practice nurse.

Got a Problem?

"There is no problem, no matter how difficult it is, whether temporal, or above all - spiritual, in the personal life of each one of us, of our families, of the families of the world, or of the religious communities, or even the life of people and nations, that cannot be solved by the Rosary. There is no problem, I tell you, no matter how difficult it is, that we cannot resolve by the prayer of the Holy Rosary. With the Holy Rosary, we will save ourselves. We will sanctify ourselves. We will console Our Lord and obtain the salvation of many souls."

(Sister Lucy, one of the three 1917 Fatima seers)

Storing your herbs

This week I have to put in an apology as I was to include an article on storing herbs which got delayed.

Although late I hope you find the information of value. You can still use these techniques on your everyday herbs should you find that you have too many to use at any one time.

The emphasis here is on home use.

There are many ways to store herbs but all involve the process of modifying light, moisture, temperature and air. In practice mainly drying and freezing are used.

There are many ways to accomplish this.

Traditionally this would have involved air drying the herbs. In its simplest form this can involve placing the herbs on paper and allowing to-dry.

It is important that the air can circulate around the herbs so the paper (holding the herbs) can be placed on a wire tray, in an area that is not subject to drafts but has a free flow of air so that the moisture from the plants will be carried away.

Another way for larger herbs with woody stems is to tie them together in a bundle and hang up again in an area that is dry and has a flow of air (not in a draft).

Remember that for Mediterranean type herbs such as Thyme or Sage for example keep the temperature under 40°C or you can lose the essential oils.

There is some debate on whether the herbs should be washed or not and I have come across both approaches being advanced. I have heard it argued that washing can remove bacteria from the surface of the leaves which if left in place could speed up decay.

In either case what is important is the amount of accessible water. Therefore make sure that the herbs are dry and all surface water has been dried off.

This surface water will leave the herbs vulnerable to mould while they are drying. If mould appears then the herbs are useless and can only be thrown out. In hot climates herbs are still dried in the open air.

Now the next way is more controvertible. That is to microwave dry the herbs. This is increasingly being used in industry and has some good science behind it.

Microwave drying is particularly good for delicate and moist herbs like parsley, mint, tarragon, chervil, basil, and chives which can lose a great deal more of their flavour when dried using conventional methods.

All dried herbs should be stored preferably in paper bags or alternatively in jars away from sunlight.

Finally you can freeze herbs for example, parsley or basil. Wash and dry well, before arranging in single layers between wax paper, then place in a plastic bag.

Alternatively, chop the herbs and place in an ice cube tray with a small amount of water.

More next week

Anna-Maria Keaveney BSc., MSc., is a qualified Medical Herbalist and member of the Irish Institute of Medical Herbalists (IIMH, www.iimh.org). She can be contacted on 087 237 8183 for further information.

Toastmasters

• Clane Toastmasters

If you are looking for a dynamic club at which to develop your public speaking and leadership skills in a friendly environment then look no further than Clane Toastmasters Club.

We are helping our members enhance their skills in a fun and supportive environment.

Meetings are held in Clane GAA, Prosperous Road, Clane, Co. Kildare, on the 1st and 3rd Wednesdays at 7.45pm.

Join us for a memorable evening and even bring a friend-you won't regret it!

For further information please contact Clane Toastmasters:

Colette 087-6885543
 Esther 087-0526274



www.clanetoastmasters.com

• Lucan Toastmasters

Do you want to gain confidence at public speaking? Ever wonder what Toastmasters can do to help? Come along to the Springfield Hotel at 7.45 pm till 10 pm. Meetings are on first and third Thursdays of every month. For more information please visit our website

www.lucantoastmasters.com

Palmerstown Camera Club

All types of photographers are welcome-absolute beginners to advanced!

Would you be interested? Wed nights 8-10pm

- Dee: 085-1479802, Susanne 086-8155666

Email secpcc@mail.com

www.palmerstowncameraclub.ie

The World's First ...

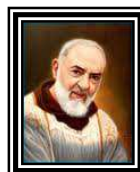
First Holy Communion Website

Launched at the Divine Mercy Conference, in the RDS Dublin, on February 22, this year.

myfirstholychommunion.com

This is an inspiring website dedicated to the Holy Eucharist, First Communicants and everyone who wants to learn more about Our Lord truly present in the Blessed Sacrament.

With video clips and audio files, the stories of Eucharistic miracles, child saints of the Eucharist, catechetical material and much more to inspire, educate and nurture devotion to Jesus really present in Holy Communion. The website already has had a record number of hits from all corners of the globe. It is one to visit frequently as content expands. Share it with family and friends, especially children!



Pilgrimage San Giovanni Rotondo

7 days

Direct flight to Naples.

Visiting all areas connected to the life of St. Pio. Also visiting the shrine of St. Philomena. 4 star hotels. Full details on our web site

www.padrepio.ie or call

The Irish Office for St. Pio; 01-4536359

VOLUNTEER!

We need YOUR help!

"Volunteering" at Leixlip Youth and Community Centre, is an opportunity for you to contribute to your community, give something back, build your self-esteem and enhance your employability through your active demonstration of willingness to work. It is a way of displaying your initiative, be an active Citizen. We have a number of opportunities in the areas of Reception, Youth work and other indoor activities. Training will be provided.

Enquire at the Centre Or You can contact us on Tel no 01-6247435 or info@lycc.ie.

Volunteering with the LEIXLIP YOUTH AND COMMUNITY CENTRE is an opportunity waiting for you? Volunteers must be over 18 years of age.

Certificates of Recognition will be presented to Persons who Volunteer.

We also have Rooms and Office space for Rent at very Competitive Rates.

Club Siúlach Scéalach

Are you interested in walking in the countryside and improving your Irish language skills at the same time?

An enjoyable, informal way to get fit and fluent!

We are hoping to establish a Club Siúlach Scéalach in the Meath Kildare, Dublin area...so if you are interested please give Seán Ó Dunnchú a call on 087 6915989.

An bhfuil suim agat teacht linn as siúl agus ag comhrá i nGaeilge – seans a bheith líofa agus aclaí ag an am chéile!

Tá muid ag iarriadh Club Siúlach Scéalach a bhunú, agus má tá an tsuim agat, cuir scairt ar Seán Ó Dunnchú ar 087 6915989 agus fáilte!

Teams of Our Lady

'Equipes Notre-Dame' was founded by Fr. Henry Caffarel over 60 years ago and has spread to more than 70 countries. It is a Movement for Christian Married Spirituality with more than 100,000 members. There are 15 Teams in the Dublin region; each team consists generally of 4-6 couples and a Teams Chaplain.

• Breda/ Tony Preston, 086 806 5211

Members of Equipes Notre-Dame unite and place themselves under the patronage of Mary the Mother of God in bearing witness to the richness of the Sacrament of Marriage and their Christian married spirituality. Couples come together to form a team of four to six couples and a spiritual counsellor.

A team has the principal objective of helping the couples to live fully their Sacrament of Marriage.

Friday is Special: An Invitation to You!

Friday is Special is a new movement inviting Catholics to take up again the ancient Christian custom of abstinence from meat on Fridays. The aim is to honour our Lord in his passion and death, and to prepare for the joy of Sunday.

For centuries, Catholics witnessed to the suffering and death of the Lord Jesus Christ by their acts of prayer, fasting and charity and in particular by abstinence from meat on Friday.

The practice of abstinence and fasting as a form of penance and conversion of heart is ancient, and its link with Friday is reflected in the Irish word for Friday, 'An Aoine' (the Fast).

We need volunteers in every area to help promote this initiative. If you can help in any way please contact Grace on 089-4688726 or fridayisspecial4@gmail.com. Friday is Special, St. Mary's Priory, Tallaght Village, Dublin 24.

Show me that IN THE BIBLE!

The Pillar of Truth --

*The Bible points to
the One True Church!*

*The Church is the Pillar &
Bulwark of Truth... (1 Tim 3, 15)*

Catholics & the Bible

Last week this column showed how Sacred Scripture plays a huge role in the Catholic Faith - Mass, the Sacraments etc. So is hearing Scripture at Mass every Sunday enough? Scripture, says the Second Vatican Council (Dei Verbum 21), is "food for the soul." Who eats just once a week? To survive and thrive, we need daily nourishment.

We can have a steady diet of Scripture by attending Mass daily, participating in the authentic liturgy of the hours with its daily readings and psalms, or reading Scripture in daily personal prayer.

A prayer like the daily Rosary in which we meditate on the entire life of Jesus has been called 'A stroll through the Scriptures' Frequently, though, when Catholics start reading the bible, they quickly run into trouble—usually in the first chapters of Leviticus! Yes, sometimes it is hard to know where to begin, to fit it all together, and to interpret correctly some rather obscure passages, words, and names. This is where the authentic interpretation of the Church is vital; otherwise errors can creep in to our understanding of the Word of God. Who better to guide us in this dangerous area than the Church which put the Bible together in the fourth century!

It's amazing that so very few Christians know anything about the origin of the Bible as we know it today – it did not fall down from heaven, all laid out in chapter and verse and neatly bound. No, the Bible was put together – and this is most important – by the Catholic Church in the fourth century! Yes, four hundred years after Jesus walked this earth!!

"Ignorance of Scripture is ignorance of Christ!" as we said last week; because of this, every liturgical service of the Catholic Church is full of Scripture.

Today there are thousands of Christian sects who have run away with their own interpretation of the bible, which St Peter warns about in his second letter. This is why the Church gives us the Catechism, which is the Bible explained. So it is important to combine Scripture study with study of the Catechism of the Catholic Church.

ROOM IN YOUR HOME?

Do you have room in your home and in your heart for a 16 to 18yr old young person. The HSE have limited openings in our in our Supported Lodgings Scheme in the Kildare area.

Assessment will include undergoing a structured assessment, garda clearances, references, medical. For further information please contact social work dept on 045 873200 and leave a message for Mary Clancy, social worker, to call you back



'Saw your ad in the Open Door' 21

BRING YOUR BUSINESS
into 6000 homes every week
through the Open Door!
01-6106522
advertising@theopendoor.ie

Sts Peter & Paul, Dunboyne

The Parish Shop

Children's books, Calendars, wreaths and candles, cards, candles, and many more small items: Do call in. The shop is open before and after weekend Masses: Saturday 7 pm, Sunday 9 am and 11.30am

Encouraging Young People

St. Dominic's Secondary
School Ballyfermot,
Dublin. 10

www.stdominicsballyfermot.com
Encouraging Young People to Believe & Achieve
Open for Registration for 1st years 2011 Contact 01. 6266493or call to School Office

North Star Swimming Club



The North Star Swimming Club is from 1.45 to 2.30 and 2.30 to 3.15 on Sundays in St Raphael's Pool, Celbridge. Phone 086 3612855 or northstarswimmingclub@gmail.com and on facebook- Star Swimming. northstarswimmingclub@gmail.com

BEREAVEMENT SUPPORT

Celbridge Bethany Support Group is a parish based ministry which helps those bereaved or grieving. We offer one to one support, group support if desired and home visits. Meetings are held in The Eustace Centre on Weds and are confidential and free.

Call Teresa 01-6270153

The Pope SPEAKS

“Education is truly a special form of evangelization!” November 23



PAINTER DECORATOR SPECIAL OFFER

- Hall, stairs, landing from €170
 - Interior/exterior
 - Free quotes, top quality
- To avail of this offer now call
Greg 089 4490924



OUTSOURCE Payroll & Accounting Services

- All tax returns
- maryduggan09@yahoo.com

PLASTERER

- Interior / exterior
- No job too big/small,
- Excellent work,
- Free quote,
- Guaranteed work

Ph 086-1510354,
01-6270457



Bathroom RENOVATION

- Refurbishment
 - Repairs,
 - Remodelling
 - Free advice/ quotation
- Darren 086-8389326**



SPECIAL OFFER CLEAN GUTTERS

Front & back, downpipes, valleys, mortar repaired etc
from €50 Fully insured

- Power wash, walls painted
 - - Full room makeover
 - - Old wallpaper removed
 - - Damp walls dry-lined
 - - Bathrooms remodelled
 - - New flooring, skirting ,
 - skimming, painting ...
- Free quote, top class**

Call Jack 087-9957301
045-252590

www.housedoctor.ie

Dear Brothers and Sisters, good morning!

Today's reflection on the works of spiritual mercy concerns two acts strongly connected between themselves: *to counsel the doubters and to teach the ignorant*, namely, those that don't know. The word ignorant is too strong, but it means those who don't know something and who must be taught. They are works that can be lived both in a simple, family dimension, within everyone's reach, and – especially the second, that of teaching – on a more institutional, organized plane.

We think, for instance, of all those children who still suffer from illiteracy. This is hard to understand: in a world where technical-scientific progress is so high, there are illiterate children! It's an injustice. How many children suffer from a lack of education; it's a condition of great injustice that affects the very dignity of the person. Without education, one then becomes easily prey to exploitation and to different forms of social hardship.

In the course of the centuries, the Church has felt the need to commit herself in the realm of education, because her evangelizing mission entails the commitment to restore dignity to the poorest. From the first example of a “school” founded in fact here in Rome by Saint Justin in the second century, so that Christians could know the Sacred Scriptures better, to Saint Joseph Calasanzius, who opened the first popular free schools of Europe, we have a long list of men and women Saints who at different times brought education to the most disadvantaged, knowing that through this, they would be able to surmount poverty and discriminations.

How many Christians, laymen, consecrated brothers and sisters, and priests, gave their life in education, in the education of children and of young people. This is great: I invite you to pay homage to them with loud applause!

These pioneers of education understood in depth this work of mercy, and such was their lifestyle as to transform society itself. Through simple work and few structures they were able to restore dignity to so many persons! And the education they imparted was often orientated also to work.

We think of Saint John Bosco, who prepared street kids to work, with the Oratory and then

with schools, jobs. It is thus that many and different professional schools arose, which trained to work while educating in human and Christian values. Hence, education is truly a special form of evangelization.

The more education grows, the more individuals acquire certainties and awareness, of which we are all in need in life. However, the work of mercy of counselling the doubters does not concern this type of doubt.

To express mercy to doubters means, instead, to soothe that pain and suffering that comes from fear and anguish, which are consequences of doubt. Therefore, it is a real act of love, with which one intends to support a person in the weakness caused by uncertainty.

I think that someone could ask me: “Father, but I have so many doubts about the faith, what must I do? Do you ever have doubts?” I have so many ... Certainly doubts come to everyone in some moments! The doubts that touch the faith, in a positive sense, are a sign that we want to know God, Jesus, the mystery of His love for us better and more in depth.

“But, I have this doubt. I seek, study, see or ask advice on what to do.” These are doubts that make one grow! Therefore, it is good that we ask ourselves questions about the faith, because in this way we are pushed to deepen it. In any case, doubts can be overcome.

Therefore, it is necessary to listen to the Word of God, and to understand what He teaches us. An important way that helps much in this is *catechesis*, with which the proclamation of the faith comes to meet us in the concreteness of our personal and communal life. ...

As you can also see, dear brothers and sisters, these two works of mercy are not far from our lives. Each one of us can commit himself in living them to put into practice the Lord's word when He says that the mystery of the love of God was not revealed to the wise and the intelligent, but to the little ones (cf. *Luke* 10:21; *Matthew* 11:25-26). Therefore, the most profound teaching that we are called to transmit and the safest certainty to come out of doubt is the love of God with which we have been loved (cf. 1 *John* 4:10) – a great love, free and given for ever. God never takes back His love! He always goes ahead and waits; He gives His love forever, of which we must feel a strong responsibility, to be witnesses of it by offering mercy to our brothers. Thank you.

Colitis & Crohn's

Irish Colitis & Crohn's Support is a helpline for adults and parents of children who have been diagnosed with the long term illness Crohn's disease or Ulcerative colitis.

Support Helpline: Phone 01-6282618

BEGINNING EXPERIENCE

B.E. is a support group for those coping with the pain of loss of their life partner, through Death, Separation or Divorce. Seeking help is a sign of strength and self-knowledge – not weakness. This is a healing ministry, which helps to resolve the grief that goes with the end of a marriage or relationship. A team, who are themselves widowed, separated or divorced share their experiences with you.

Coping Programme in White Friars Community Centre, Aungier St., D 2. For further information please phone 087 2742451.

bedublin@gmail.com

What is Sarcoidosis?

Sarcoidosis is an inflammatory disease which can affect any organ of the body, although it most commonly affects the lungs, eyes, lymph nodes and skin.

Do you know...

- Ireland has one of the highest incidences of it.
- It affects 1000's of Irish people.
- It mainly affects 20-40 year olds.
- There is no known cause or cure.

For further information please contact us:

ISARC, Ard Aoibhinn, Mount Bolus,
Tullamore, County Offaly

Aware

Volunteering Opportunities

Aware, the national organisation providing support and information to individuals and families impacted by depression and bipolar disorder is now recruiting new volunteers to train on a number of services. Aware has received the Investing in Volunteering Standard in recognition of the level of training and support it provides for its 400 volunteers.

See www.aware.ie for specific info and requirements for all volunteering opportunities including the Aware Support Line (phone)& Support Groups (face-to-face).

Minimum commitment is 18 months.

Help Aware continue to be a supporting light through depression. www.aware.ie

Celbridge Youth Caf Volunteers Needed

Celbridge Youth Caf, based in The Mill Celbridge, is a project run for young people aged between 12 and 18 years old from Celbridge and the surrounding areas. The project is led by Volunteers with the assistance of 2 Community Employment workers.

The Youth Caf is just over 5 years old and an initiative of Celbridge Community Council and affiliated with Kildare Youth Services. We are currently recruiting new volunteers to assist in the running of the Youth Caf. For more information or to apply to volunteer email info@celbridgeyouthcafe.ie and we will arrange to send out an application form and arrange an interview.

'Field of Miracles'

Eddie Stones is based in Emmanuel House of Providence, Clonfert, where he conducts a healing service twice weekly and a healing day on the last Saturday of each month.

Emmanuel House of Providence, a Catholic centre for prayer and evangelisation, is located in Clonfert; the Irish version of the name means

'field of miracles', on the site of a 6th century monastery of St. Brendan the Navigator, near Ballinasloe.

Emmanuel House of Providence is under the ecclesiastical authority of Bishop Kirby of Clonfert and it invites people to experience the healing power of God in spirit, mind and body.

For further information, call 057 9151552.

St. Joseph's College Car Park CAR BOOT SALE

Lucan, Co. Dublin

2nd & 4th Sunday of the Month

Next Sale Sunday 11th Sept.

From: 8.30am – 1.00pm

Sellers' fees: €15 Cars and Small Vans (No Large Vans Allowed)

Sellers' set-up time: 8am. Public Admission: FREE NO PRE-BOOKING required, just turn up and pay on site also on the 25th Sept., 9th & 23rd Oct.

The Car Boot Sales are organized by St Joseph's College Parent's. Funds raise will go towards funding trip of TY students representing Ireland at World Mock Trial Finals in New York

Study Course

The Catechism Group in Prosperous have completed their second three-year Maryvale Study Course on the Catechism of the Catholic Church.

Study sessions are weekly on Monday evenings at 8 - 9 pm and Wednesday mornings at 10 - 12 am in Prosperous Parish centre.

These meetings are very relaxed and helpful in the understanding and deepening of our Faith. In working through the Catechism of the Catholic Church everyone gets a chance to sort out any difficulties they might have regarding Catholic teaching.

The cost is €25 for each 12 week term's Course Book. For more information about how to join this course or to set up a study group in you own parish Contact Bríd Ní Rinn at 045 860170, or Alice O'Connor 045 982787, Parish Office 045 841806

EUCCHARISTIC ADORATION

St Oliver Plunkett Church, Kilcloon,
near Maynooth.

▪ Eucharistic Adoration

Tue 9am to 9.30pm, Thurs 9am- 10pm

In response to the Church's call to honour the Blessed Sacrament there is also Benediction and Rosary every Tues night at 9pm. *All welcome.*

KNOW WHAT TO BELIEVE!

24 Hour Catholic TV now on SKY & UPC

Eternal Word Television Network, EWTN, the 24 hour, 7 days a week Catholic television network founded by Mother Angelica — is now on Sky TV, channel 589, and on UPC, channel 815.

For more info contact St Brigid Media Ltd, PO Box 352, Limerick. 061-394400, ewtn@eircom.net

"Saw your ad in the Open Door" 23

**BRING YOUR BUSINESS
into 6000 homes
every week-** 01-6106522
advertising@theopendoor.ie

CHESS CLUBS

• **Children's Chess Club** meet every Monday evening between 6-7pm in Maynooth Community Library

• **Adult Chess** meets every Monday evening, 6-8pm in Maynooth Library. New members welcome!

Palmerstown Camera Club



All types of photographers are welcome- absolute beginners to advanced!

Would you be interested?

Wed nights 8-10pm

• Dee: 085-1479802

• Susanne 086-8155666

Email secpcc@mail.com

www.palmerstowncameraclub.ie

HURT BY ABORTION?

Rachel's Vineyard is a healing place for people hurt by abortion. Their weekend retreats are an opportunity for any person who has struggled with the emotional or spiritual pain of an abortion.

The retreat is a very specific process designed to help you experience the mercy and compassion of God. Retreats are held throughout Ireland in a confidential setting.

Call Bernadette on 087 8592877 or Marian on 07814 748 744 or look up www.rachelsvineyard.org or www.rachelsvineyard.ie

If you are hurting after an abortion, please call.

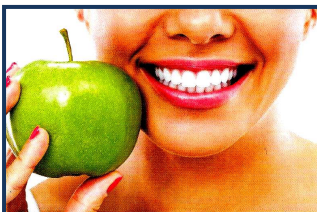
Pieta House

Based in Lucan, Co. Dublin, Pieta House, the centre for the Prevention of Self-harm or Suicide, is Ireland's first community-based centre for the prevention of self-harm or suicide. Services at Pieta House are free of charge. Pieta House has outreach centres in Tallaght and Finglas. Online and postal registration available

24 **Bring your business into 6000 homes every week...**

- 01-6106522 - (box ads)
- 01-6273219 (classified) 087-9381997

info@theopendoor.ie
www.theopendoor.ie



Abbey Dental Practice & Dental Lab
Main Street, Clane

CHRISTMAS SPECIAL
Scale, polish, plus teeth whitening- €85

045 838 912

*FREE Check-up (2 X-Rays included if needed), for adults and children

*Scale & Polish - €25 (For a limited period of time only)

abbeydental.ie

K. Tiling

- Ceramic, Porcelain, Terracotta & Slate
- Walls & Floors,
- Free measuring and estimations

Kevin Morahan
@ 086-2352339
(01-6104850)



DON'T BE JUST HALF HAPPY!

With a distribution of 6000 copies picked up every week, the Open Door is an ideal way to bring your business to a vast array of customers – plus free internet coverage!

Phone 087 9381997
info@theopendoor.ie

IT MATTERS HOW WE ARE BORN!

Fionnuala Ó Fiannachta

Physical Interventions in Birth

The First Physical Intervention – Going to Hospital: Studies have shown that just going to hospital raises patients' stress levels. It is not biologically necessary for most mothers to give birth in hospital. For a very small number, it is, and can save lives. These are the mothers and babies who need intervention. Mothers won't stop routinely going to hospital for birth without a great deal of education. However, those mothers who understand, are voting with their feet – those who have the education and the commitment. That small number is growing, slowly but steadily. These mothers and fathers were very much in evidence at the First Irish Positive Birth Conference 1/10/2016.

'Being Admitted' to the Maternity Unit

Being admitted to a maternity hospital or unit, changes the healthy, well-functioning pregnant mother into a medical entity – a patient. Basically she has to agree to turn her body and its natural healthy ability to labour and give birth, over to the 'professionals'. For many of us, the word 'being admitted' has strong resonances of being admitted into a psychiatric unit. This resonance cannot be ignored in considering the mental, social, and general welfare of the 'patient' and her family. Resonances of being 'taken in charge', being taken out of the public and social domain, being removed from society for society's protection, not to mention being rendered physically, mentally, psychologically, and emotionally, at the mercy of the staff of the hospital. This cannot but affect the 'patient' and her family.

One of the great benefits of a planned home birth, is the absence of these resonances. This has an extremely beneficial effect on the mother and her baby, albeit they're always in the background, should it become necessary to go to hospital. Thankfully that happens in only a tiny percentage of booked home births. There are clear – and very real - resonances also, for both mother and baby, of possibly being 'in danger'. A simple change of term to 'being registered' could have a very positive influence. A very important psycholinguistic and sociolinguistic fact.

'Being Admitted' to the Labour Ward

The mother has already become 'a patient'. Hospital midwives are, de facto, nurses as well. 'Under the care' can often be read as 'under the control'. This has a very powerful mental, psychological, social, and personal effect on the 'patient' and her loved ones, in our very American medical model.

Next Week: Social Intervention in Childbirth

Fionnuala

Would you like to volunteer?

CARI are presently recruiting VOLUNTEERS for Accompaniment to the Rotunda's Sexual Assault Treatment Unit (SATU) We currently NEED VOLUNTEERS to



train as:

- ACCOMPANIMENT OFFICERS- to accompany and support children aged 15 years and under and their families on a 24hr Rota basis, through their forensic medical examination at the Rotunda SATU.
- Full training and clinical supervision will be given to successful applicants.
- Applicants must reside in the Dublin area and be 21 years or over.
- Applicants must be Garda vetted.

Please contact Grace at CARI, 110 Lr Drumcondra Road, Drumcondra, Dublin 9. Tel: (01) 830 85 29 or email: grace@cari.ie Closing date – Monday 14th November 2016 Open Night Tuesday 29th November 2016

New Adult Choir

A new Adult Choir has been launched in Clondalkin. Should you wish to be associated with this new venture; rehearsals re-commence on Monday 10th October, 7.30, in Aras Chronain, Waterly Lane.

For further information ...
Phone..... Thomas at 4573269

Diabetes Group

The Kildare Diabetes Group is a support group for people with type 1 diabetes.

We meet once a month to discuss our lifestyles, what works to achieve better control, eating habits, to organise days out, etc.

It is run by people with diabetes, who understand the challenges of having diabetes.

All type 1 diabetics/parents of children with type 1 welcome to attend. For more info email kildarediabetesgroup@gmail.com

JOBSEEKERS:

Leixlip Local Employment Service offers a free service to job seeker who are unemployed and in receipt of a social welfare payment, one parent family payment, early school leavers, people finishing a CE scheme, people returning to the workforce and dependent spouses.

Training courses and employment initiatives are available. One to one Adult Career Guidance, interview skills and CV preparation.

Contact Bernie at Unit 2, Leixlip Shopping Mall, main St Leixlip. Phone 016245414 or just call in.



PC/LAPTOP

MAINTENANCE/ REPAIR

Spyware / Virus removal & prevention.

Over 15 yrs exp, Data recovery, Upgrades.

- All hardware/ software, phone issues

- iPhone Repair

045-899133/087-2217103



INFERTILITY?

Dr. J. Taylor

Now accepting a limited number of couples in the Maynooth area
- Drugless,
- Non-Surgical treatment

Contact
empowerlife@yahoo.ie

Phone 085 1446475

ATRIAL FIBRILLATION

What is atrial fibrillation?

Atrial fibrillation is an irregular heartbeat of the heart. If you feel a pulse of someone who has atrial fibrillation you will feel that the beat is irregular.

Why was I started on blood thinning medication after I was diagnosed with atrial fibrillation?

As we already said the heart beat is irregular. As a result of this some blood can pool in one of the chambers of the heart called the atrium and this can then form a clot.

The purpose of the blood thinning medication is to prevent the clot formation and to reduce your risk of a stroke.

Some interesting facts about atrial fibrillation

- Obesity causes a structural and electrical change in the chamber called the atrium and can lead to the development and progression of atrial fibrillation.
- Weight loss results sometimes in the reversal of atrial fibrillation but also reduces what doctors call the symptom burden. This means that although you might still have atrial fibrillation even after weight loss you will not feel as tired or breathless.
- In the LEGACY trial in 2015 completed in Australia, researchers found that a $\geq 10\%$ weight loss was associated with long term freedom from atrial fibrillation. This was achieved through diet and physical activity.
- The LEGACY trial also showed that fluctuations in weight of over 5% were associated with a higher likelihood of recurrent atrial fibrillation.

At Heart 2 Heart we can examine a specific programme for you that will help you in your management of atrial fibrillation.

Classes for Heart 2 Heart run on:

- Mondays at 2.30pm, 4pm and 5.30pm in Mount Merrion Community Centre
- Tuesdays 10.30am in UCD Sport
- Wednesdays 2pm in Killashee Leisure Centre and 7pm in Kilcullen Business Campus
- Assessments are available at most facilities.

Karen Cradock, B.Physio, MSc, Specialist Cardiac Physiotherapist, Heart 2 Heart Cardiac Physiotherapy, www.h2hcardiacphysio.com, info@h2hcardiacphysio.com, Unit 5, Kilcullen Business Campus, Kilcullen, Co. Kildare, 0877667465, 045 484000.



CELBRIDGE ICA

Looking for new hobbies or friends? Celbridge guild of The Irish Countrywomen's Association meet every Tuesday evening in the Slip Hall beside Castletown Gates.

We aim to support one another, learn something new and have fun! So why not join us and see what ICA has to offer you. Just come along on the night and you will be most welcome.

Pre-Marriage Course

NAOMI-Billings Ireland 11 Marlborough Court, Marlborough Street, Dublin 1

Telephone 01 8786156 (week-day mornings)
inforequest@naomi.ie

Providing Pre-Marriage Course for over 30 yrs
TOPICS: RELATIONSHIPS, FINANCES, FERTILITY AWARENESS, PARENTING, THE SACRAMENT OF MARRIAGE

The NEW Rosary Audio Player

This Rosary prayer and meditation was recorded and prepared by the Carmelite Community & Friends in the Monastery Chapel, Tranquilla, Knock, Co. Mayo.



Portable Player with earphone-set - Listen - Meditate - Pray... The Rosary Audio Player is lightweight and easy-to-use *Joyful, Sorrowful, Glorious and Luminous Mysteries, Meditations with each Mystery, Two Beautiful Marian Hymns*

Ideal gift for loved ones in Hospital or Nursing Home. Available in Church Shops

Got a Problem?

"There is no problem, no matter how difficult it is, whether temporal or above all - spiritual, in the personal life of each one of us, of our families, of the families of the world, or of the religious communities, or even the life of people and nations, that cannot be solved by the Rosary.

There is no problem, I tell you, no matter how difficult it is, that we cannot resolve by the prayer of the Holy Rosary. With the Holy Rosary, we will save ourselves.

We will sanctify ourselves. We will console Our Lord and obtain the salvation of many souls."

(Sister Lucy, one of the three Fatima seers)

24 Hour Catholic TV

It's so simple to get EWTN 24 hour TV. If you already have Sky or UPC you can find EWTN on Sky 589, or on UPC it's on channel 815. .. for wall to wall authentic Catholic teaching!! **If you don't have Sky or UPC** you can get your own dish at a very reasonable cost. .. from €159 installed. This dish will give you all the free channels PLUS EWTN for just this once off payment, with no monthly payments whatsoever

Don't be just half happy !!!

Call Sean- 083-3324032, 01-4585111
egansatellite@gmail.com
www.egansatellite.ie



Irish Girl Guides

Come and join in ...

Do you know a girl who would like to make new friends, have fun and participate in exciting activities? Girl Guides are aged 10½ - 15 yrs. For fun and friendship and new exciting opportunities and much more you and your daughter would be welcome in The Maynooth Girl Guides- the place to be.

Jackie 085-1413787
Catherine 087-7724235

BINGO

Cumann Lútleas Gael

Teac Srafaín

(Straffan G.F.C.)

Bingo has commenced in Straffan Community Hall every Friday night at 8.30pm in aid of the re-development of the Straffan GAA Club House & Grounds. Jackpot, raffle each night. Refreshments available. For more details contact Patrick Donovan - 087-8137301 or Fiona Farrell - 087-6329724

Community Cenacolo

Is addiction controlling / ruining your life? Would you like to discover hope and joy?

The Community Cenacolo helps people suffering from addiction to change. The Community Cenacolo was founded by an Italian nun, Mother Elvira in 1983. For many years she had been concerned by the destruction she had seen among young people through addiction and she longed to help them.

To-day there are houses world wide with over 2000 men and women in the programme. The house for men was opened in Knock in 1999. There is not yet a house for women in Ireland but women who wish to enter the Community are accepted in Cenacolo houses in Europe.

Contact 094 9388286 or 087 9483886, Damien 086 0644662, Jean 087 2687040.

HEART TO HAND

We are currently urgently looking for food supplies and donations. The following are needed: Pasta, rice, porridge, beans & peas, soup, soap or toothpaste. If you can help- 0402 37260 www.hearttohand.net Thanks in advance!

One Year in Rome...

Emmanuel School of Mission

One Year Experience, Rich in Missionary, Spiritual & Doctrinal Formation Study for a deep foundation in the Faith, develop your skills, take time for spiritual formation, learn to live for others. . Acquire a deeper understanding of the Church.

www.esm-rome.com

emmanuelyouth.ireland@hotmail.com

Please see www.emmanuelcommunity.ie

The cornerstones of the Community are evangelisation, adoration, and compassion.

Free Pregnancy & Parenting Support Service

LIFE Pregnancy Care have announced the launch of our FREE services in St John the Evangelist National School, Adamstown, Lucan.

LIFE pregnancy care are a registered charity funded by the H.S.E (Crisis Pregnancy Programme) providing FREE pregnancy and parenting counselling/support.

Are you Pregnant? Are you a parent? Have you just had a baby? If you answered yes to any of these questions and would like some support we are here to help.

Our services are open to Mums, Dads & Grandparents and include the following:

- Pregnancy Counselling, Support, Pregnancy Testing
- Social Welfare Advice & Entitlements
- Parenting Support for Mums & Dads
- Parenting Courses
- Accommodation Services (Expectant Mums & Mums with babies under 6 months).
- FREE Helpline 1800 281 281

For more information on our services or to book an appointment in confidence, call 01 6351492

School Hall to Rent

San Carlo Junior School, Confey, Leixlip

The hall is currently used for :- Cardio Circuit & Pilates, Irish Dancing, Weight Watchers, Dance & Drama, Art Work, Key Boards. Typically evening classes with varying times between 5:30pm - 9:30pm Mon-Fri. The hall is also available by arrangement at weekends.

• Paddy @ 086-8590715

www.theopendoor.ie

01-6106522

087-9381997

info@theopendoor.ie

advertising@theopendoor.ie

Maynooth Bethany Bereavement Group

Maynooth Bethany Bereavement Support Group: will hold support meeting last Thursday of each month in Community Space, Maynooth at 8pm. All Welcome.

Please contact: 086 2700740

CELBRIDGE WHIST

Now in its 56th Year, every Monday night at The Mill, Celbridge, 8.45pm.

Admission €5.00 inc raffle & refreshments.

• Further info; Mary Donovan 01 6288174.

Suncroft Parish Church Co Kildare

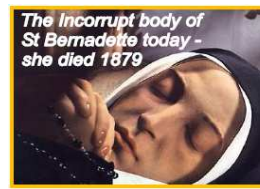
Eucharistic Adoration every Wednesday in the sacristy 10.00 a.m. to 6.00p.m. All welcome to come and spend some time in quiet prayer.

Freedom from Drug Addiction! Community Cenacolo

You are not alone anymore! Meetings take place every Wednesday at 7.30 pm in St. Peter's Parish Ctr, Phibsboro, Further information contact

Contact Damien

086 0644662



Relic of Saint Bernadette

If you would like this relic of St. Bernadette to be brought to your parish, you may contact me at any of the numbers so

that a visit can be arranged. Yours sincerely, Morgan Sharpe, 01-6266322, 087-9472501, sharpem2@gmail.com



Secret of the Rosary

BY ST LOUIS DE MONTFORT

A book for our times... to obtain copies (€6 inc post) phone -

Phone 01-6106522, 087-9381997 -

Pay by debit / credit card.

'The weapon for these times' - St Padre Pio

Dunboyne CÉILÍ CLUB

Adult céilí dancing classes every Thursday from 8.30pm-10pm, at the Old School, Dunboyne Village. €5 per night, Call Finnian, 01-8255247

Mayo woman receives Leinster House Human Dignity Award for '23 years of love and care'

Well-known Irish volunteer in Haiti, Gena Heraty, will receive the Oireachtas Human Dignity Award from Ceann Comhairle, Seán Ó Fearghail TD, at a ceremony in Leinster House on 8th December next. The award, now in its third year, is presented annually by the Oireachtas Human Dignity Group to a person whose commitment to the promotion of human dignity has been exemplary.

Ms Heraty, from Westport, is a member of the Catholic lay missionary association, Viatores Christi. She went to Haiti in 1993 and has remained there ever since as a volunteer with NPH (Our Little Brothers and Sisters) – an orphanage 10 km from Port-au-Prince.

"I am convinced that there is no other place in the world I can do more to help those who are most in need of help right now," she told an RTÉ documentary in December 2008. "If I can improve the life of just one child each day I am here then my life will have been worthwhile."

Paying tribute to Ms Heraty, the Ceann Comhairle said that Ms Heraty was continuing a great tradition of Irish missionary and humanitarian work overseas. "Gena Heraty represents the best of Ireland. She has given 23 years of love and care to the special children of Haiti. She reminds us that, whatever the world's problems, ordinary people can become extraordinary by doing great things for others."

"Gena Heraty is an ambassador of human love and kindness," said Senator Rónán Mullen of the Oireachtas Human Dignity Group. "In the wake of the hurricane that has devastated Haiti yet again, it is important that the people of Ireland recognise, value and support the work done by Gena and Our Little Brothers and Sisters."



Prayer to Saint Michael

Saint Michael, the Archangel, defend us in the hour of conflict. Be our safeguard against the wickedness and snares of the devil. May God restrain him, we humbly pray; and do thou, O Prince of the Heavenly Host, by the power of God, thrust Satan down into hell and with him all the evil spirits who wander through the world for the ruination of souls. Amen.

(Composed by Pope Leo XIII after his vision on October 13, 1884)

24 Hour Catholic TV

Know the reason- have the answers to defend the FAITH!

It's so simple to get EWTN 24 hour TV. If you already have Sky or UPC you can find EWTN on Sky 589, or on UPC it's on channel 815. .. for wall to wall authentic Catholic teaching!!

If you don't have either you can get your own dish at a very reasonable cost. .. from €159 installed. This dish will give you all the free channels PLUS EWTN for just a once off payment, with no monthly payments whatsoever!

• Don't be just half happy !!! Contact Mick for details - 086 3427673 email mickoreillysky@hotmail.com

The Little Way Association

The Little Way Association supports religious and other charitable work, and to upkeep the Association's religious centres at Lourdes, Fatima, Walsingham and Knock, Co Mayo.

'At present, more money than ever goes overseas to mission countries, yet missionaries themselves are still in need. Regular Mass offerings help them to meet basic personal needs in the way of clothing, shelter and food, which will give them enough strength and energy to serve their people. 'Your Mass offerings are the means by which missionaries can be helped. We like to send them a minimum offering of €7.50 for each Mass. All intentions and offerings are sent to the Missions. Assuring you of a remembrance in our daily Mass and prayers.

- The Little Way Association, Sacred Heart House, 119, Cedars Road, Clapham Common, London SW4 OPR



Divine Mercy

Rathcoole: Divine Mercy devotions takes place in the Parish Church each Saturday morning following the 10am Mass.

Celbridge: every Monday evening after the 7pm Mass. All welcome.

CASA

Caring & Sharing Association

CASA provide much needed respite care for children and adults with physical and intellectual disabilities and has two houses for this purpose in Malahide and Swords, where those in need of a break can stay for up to three days at a time.

The Association is funded voluntarily and much of the work is done by volunteer staff. Short/ long term volunteers are needed.

- Contact Sharon Reynolds 086 3831035

THE VILLAGE BRIDGE CLUB - CLANE

This friendly and sociable club meets Wednesday nights upstairs in Manzor's Lounge at 7.30. New members welcome. Call Brigid 0876992977

NEW Bridge Club



Every Tuesday AM, Restaurant, Weston Airport, Lucan, from 10am to 1.00. All grades are Welcome. **Bridge classes for beginners also**

The Restaurant, Weston Airport, from 10.00 to 12.00. Call Yvonne 086 8592638 ymedalton@gmail.com

The wit & wisdom of GK CHESTERTON

In the opening instalments of this series, I introduced readers of *The Open Door* to some of G.K. Chesterton's most fundamental ideas—namely, the importance of wonder and gratitude. Now I am going to move on to a subject which is hardly less central to his thought, and which is closely related to the themes of wonder and gratitude.



That is, the evil of pride and the importance of humility. This, of course, will hardly be news to Christians. That pride is the worst of all sins is a commonplace in the Christian tradition. And we are well familiar with the notion that 'he who humbles himself shall be exalted'. So why do we need Chesterton to tell us this again?

Well, as the great Samuel Johnson said, "Men more frequently need to be reminded than informed". But even aside from that fact, Chesterton's championing of pride and his denunciation of humility are important because of their exceptional vividness. His gift was to impress upon his readers the great ugliness and futility of pride, and the profound beauty and joyousness of humility.

We should note in passing that he lived up to his own words. Everyone who knew Chesterton commented upon his humility. He was a very fat man who often made fun of his own fatness. He joked that he was more chivalrous than most men, since when he gave up his seat on a tram, he made room for three ladies rather than one.

But his humility went deeper than making fun of his figure. He was a man of tremendous literary talent who might have concentrated on carving out a reputation amongst the greatest authors of all time. His friends urged him to devote less energy to journalism and to concentrate on writing masterpieces. But he never did. He was not interested in the posthumous reputation of G.K. Chesterton. He was interested in fighting the evils of his day, and in jumping feet-first into every debate that was going.

Chesterton attacked pride because he knew it led to misery. "Pride is a weakness in the character", he wrote. "It dries up laughter, it dries up wonder, it dries up chivalry and energy." He put it even more stridently when he wrote: "The moment the self within is consciously felt as something superior to any of the gifts that can be brought to it, or any of the adventures that it may enjoy, there has appeared a sort of self-devouring fastidiousness and a disenchantment in advance, which fulfils all the Tartarean emblems of thirst and of despair".

Next week, we'll journey further into Chesterton's thoughts on pride and humility.

Maolsheachlann O Ceallaigh

www.irishchesterton.blogspot.ie irishchesterton@gmail.com

"Saw your ad in the Open Door"

APPLIANCE



REPAIRS

Washing, machines, Fridges, dryers, Cookers, dishwashers

American style fridge freezers - domestic and commercial. Home heating - oil burners serviced and repaired.

Phone 083 1913742

REVIVE your existing KITCHEN!

- Revive your existing kitchen with professionally painted finish.
- Before/ after photos of our work are on our website.

SPECIALIST PAINTERS

Greg & Orla Martin

www.decorating.ie

086-3944272. 086-8804177

SOLOMON GRINDS

Lucan

CLASSES NOW RESUMING

SUBJECTS

- ❖ J.C. HONS/PASS MATHS
- ❖ J.C. HONS SCIENCE
- ❖ J.C. HONS/PASS IRISH
- ❖ J.C. HONS ENGLISH
- ❖ J.C. HONS BUS. STUDIES
- ❖ J.C. HONS FRENCH
- ❖ J.C. HONS GERMAN
- ❖ L.C. HONS/PASS MATHS
- ❖ L.C. HONS/PASS IRISH
- ❖ L.C. HONS ENGLISH
- ❖ L.C. HONS/PASS FRENCH
- ❖ L.C. HONS/PASS GERMAN
- ❖ L.C. HONS GEOGRAPHY
- ❖ L.C. HONS CHEMISTRY
- ❖ L.C. HONS BIOLOGY
- ❖ L.C. HONS PHYSICS
- ❖ L.C. HONS HISTORY
- ❖ L.C. HONS BUSINESS
- ❖ L.C. HONS ACCOUNTING

Tel: 01 6284171

EXPERIENCED TEACHERS

SMALL CLASSES -EARLY EXAM FOCUS - CENTRAL LOCATION - €17/CLASS

Dental Options, College Road, Clane

Now offering in our New State of the Art Award winning Surgery

- Cosmetic Dentistry
- Family Dentistry
- Specialist Orthodontist services
- Interest free credit and affordable payment plans



DENTAL OPTIONS

To Book a free Orthodontic Consultation with our specialist call 045/982483

or visit www.dentaloptions.ie

Free Orthodontic Consultation

with our specialist orthodontist

Dr. Eibhlin O'Leary BDS FDS MSc MOrth

worth €150 for a limited time only!

- Most competitive prices for braces in Leinster.
- Saturdays and late evening appointments available

BRING YOUR BUSINESS into 6000 homes every week- 01-6106522
 advertising@theopendoor.ie
 www.theopendoor.ie

HOME IMPROVEMENTS

Unsafe decking removed, replaced or paved

- Wide range of slabs
- Carpentry, plastering
- Bathroom renovation
- Tiling, gutters etc
- Power washing etc

Fully insured
Call Jack 087-9957301
045-252590

Free quote, top class work
www.housedoctor.ie

PRINTED PENS FOR YOUR PRESENT & FUTURE CUSTOMERS!

Choice of colours with 1 colour printed logo

1000 PIECES FOR JUST €360 + vat

Call 087- 9448911

robert@promotionalgoods.ie

ROLL UP & OUTDOOR BANNERS

Roll up Banner just €120 + VAT
 10' x 3' Outdoor Banner just €150 + VAT

Call 087- 9448911

Saving Lives

The St. James Camino Network was founded in 1997 to provide a holistic approach to the rehabilitation and education of young men with drug dependencies. Rehabilitation in our centre focuses on the primary nature of addiction and the resulting harmful consequences for the dependent person and his family.

- We are based at Meadowbrook, Cloncurry Cross, Enfield, Co. Meath. Anyone who is seeking help should contact us at 046 9549241 (CONFIDENTIALITY ASSURED)

YOUNG WOMEN!!

THERE'S GREAT NEWS!!

Have you yet met someone in your life who has never let you down.... never cast you aside in spite of your faults and shortcomings?

I found that person in my life as a **SISTER OF NAZARETH** and its **FANTASTIC!** I would like to tell you about it sometime! Text: 00353 087 7829608, mulliganv@utvinternet.com and antoinettefarrell@gmail.com

ABUSE SUPPORT

'AMEN' is an organisation, which provides a confidential helpline, information and support service for male victims of domestic abuse. Weekly emotional support meetings are held in our office, on Tuesdays from 8pm to 10pm.

If you are interested in attending please contact the office for more information 046 9023718 One to one meetings are also available by appointment on Tuesday nights 8pm -10pm and during office hours, Monday to Friday. Court accompaniment /counseling services available. www.amen.ie Helpline 046 9023718.

Bereavement Support

- Dunboyne

The Bethany Bereavement Support Group is a Parish based ministry to help those bereaved and those suffering loss of any kind. We offer one-to-one support, group support if desired and home visits. Meetings are held in: 41 Avondale Square, Dunboyne, on first Wednesdays at 8pm. Contact Mary/Gerry 086-8497176

PRAYER BOOKLET for those affected by addiction

The Irish Bishops' Drugs Initiative, an initiative of the Irish Catholic Bishops' Conference, is a cross community support working in over 250 parishes involving over 1000 volunteers, to assist parishes and communities to address the challenges of alcohol/drugs misuse which affects every quarter of the country. It was founded in 1997. This new book of prayers and reflections is intended as a pastoral and spiritual resource that is available through contacting: The IBDI, Columba Centre, Maynooth, Co Kildare, or can be ordered through the website www.irishbishopsdrugsinitiative.com.

Eucharistic Adoration in your parish -

Do you want help to get Eucharistic Adoration started in your parish?

If so contact the Apostolate of Perpetual Eucharistic Adoration for help and assistance. Tel: (01) 6625899 Mobile: (087) 2478519 info@eucharisticadoration.ie



MEDITATION the Rosary Way!

MAKE THE WILD ROSE BLOOM!

THE ROSARY...THE WEAPON!



Meditation is the "in-thing". Many are seeking out a Guru to teach them. They are prepared to travel to the East in search of mantra, or pay out big money for a week-end at some posh hotel learning the secret of meditation. Fine, but the Rosary has it already and in a blissfully simple

Christian form.

Moreover, it is not all about emptying oneself into the ocean of the void. It may start there, but it goes on to an infilling. If we come with empty vessels, it is only to be filled with the love of Christ and with the outpouring of his Holy Spirit.



Rosary meditation provides an effective way of combining all that is

best in human culture and the counsel of the Lord Jesus. The very act of holding the beads and repeating the rhythmic sounds of the Paters and Ave's, starts the stilling process of the soul, and helps us take on the mind of Christ. Focussing ourselves with a loving regard on the persons of Jesus and Mary brings with it a love-dimension which settles the troubled heart. Meditating on the mysteries of the Rosary is not a question of painful pulling of the mind into line, but rather a kind of thinking in the heart.

Like the beloved disciple resting on the Lord's breast, at the Supper table, we have ceased from labour, and are re-collecting our spent forces.

*The world is too much with us,
 Late and soon;
 Getting and spending,
 We lay waste our powers*

Rosary meditation takes us out of the rat-race of getting and spending and helps concentrate our powers on the Lord. Busy executives learn to sit quietly on the commuter train with their beads in their hands and their minds on the divine mysteries!

Fr Gabriel Hartzy

Dominican Priory, Anne St. Dundalk
 Tel: 042 935 6071 Mobile: 085 240 5372
hartygabriel@gmail.com

The Irish Hospice Foundation LOSS & BEREAVEMENT

The Irish Hospice Foundation provides a range of training services on Loss and Bereavement.

Places on all workshops are limited -early booking is advisable. See www.hospice-foundation.ie.

- info@hospice-foundation.ie

Phone 01 6793188

A Reading Problem?

If so we can help! In Bawnogue Community Centre, Clondalkin. Classes continuing Mondays from September to June. 7.30 pm to 9.00 pm. Start any Monday night. Tuition Free.

Phone or Text Dominic 086 8473576. Come and see for yourself. All Welcome

Carers' Association

If you care at home for an elderly or disabled person, we can help with information, training and short respite breaks. Please call or phone- Carers Association, Carers Association C/O Aras, Main Street, Newbridge, Co Kildare.

Equipes Notre-Dame

(Teams of Our Lady)

There are 15 Teams in the Dublin region and each Team consists generally of 4-6 couples and a Teams Chaplain

Equipes Notre-Dame was founded by Fr. Henry Caffarel some 60 years ago and since then, Teams has spread to more than 70 countries around the world. It is a Movement for Christian Married Spirituality with over 100,000 members.

Breda & Tony Preston, 086 806 5211



Pioneer Total Abstinence Assoc.

Founded in Gardiner Street Church in 1898 by Fr James Cullen SJ, the Pioneer Association has played a vital role in Irish society for over a century. The mission of the Association is to help build a society where people can live full lives without being dependent on alcohol or drugs. There is another way...

PTAA members seek to address alcohol-related problems in society, mainly through prayer, self-denial, and the promotion of positive life-styles.

THE MENS' SHED

CELBRIDGE MILL UNIT 20

The Men's Shed is ideal for men who are keen to meet up, chat, work on projects, develop ideas, as well as to socially integrate with men in the area.

Catering for 18 - 80 years the Men's Shed is ideal for men - retired, unemployed, on shift work, with time on their hands, new to the area, on long term sick leave or recuperation etc & who may want to contribute in any way possible.

- They meet presently on Wednesdays 2-4.30pm & require new blood...
phone 087 9447515 for details

UNPLANNED PREGNANCY?



Advice and help on your options
Women's Counselling Network

Information on services related to unexpected pregnancy- Pregnancy Testing - Post Abortion Counselling.

- **Phone anytime - 01-8780066**

Quick appointments inc. weekends

Ronald McDonald House VOLUNTEERS WANTED

The Ronald McDonald House is situated in the grounds of Our Lady's Children's Hospital, Crumlin Dublin 12. Since 2004 we have provided in excess of 1,600 families with accommodation, care and support when their child was seriously ill in hospital. We urgently need Volunteers to help with our Day to Day Housekeeping: Hovering, Dusting, Ironing, Changing Beds, Cleaning Kitchens, Bedrooms, Bathrooms - A few hours a week or a month is all we ask at a time that suits you.

ronaldhouse@rmhc.ie / 01-4560435

Celbridge Mill Community Sports Centre

Phone 6288556 Fax 6276259

celbridgemillcommunitycentre@eircom.ie

www.celbridgemillcommunitycentre.ie

Face- book "The Mill Community Centre".

Mon-Fri 9am-10.30pm, Sat 9.30-6pm,

Sun 9.30-6pm



Centre Notes

Centre now open 8am - 10.30pm
Mon - Fri, Sat & Sun 9.30am-6pm

Sports Hall and Rooms available for Hire at reasonable rates Mon - Sun

Men's and Women's Basketball Open session on Mondays 8pm

Salsa Dancing with Sue Tuesdays at 7.30pm

Line-dancing with Sue Tuesdays at 9pm

Mini soccer for Boys and Girls 5-9years Tues at 4pm and Sundays 10am-12 noon.

Traditional Music Lessons and Irish Dancing Mondays 4-6pm

Children's Birthday Party Service Fri/ Sat / Sun from only €75

No Strings Attached Badminton Mondays 6-8pm -All welcome

Gym / Sauna/ Steam / Fitness Studios/ Stott Pilates/Yoga/ Spin/ Circuit Training/ Personal Training/

Free Crèche Available Mon- Fri 9.30-12.30pm

The Community Centre for all the Community

GROW...

"The quality of your mental health affects the quality of your life"

If you are struggling with anxiety or depression, **Celbridge** - Mill Ctr, Mondays 11am, room 1

Maynooth - Monday (except Bank Hols),

Library, between 6-8pm. All welcome.

Naas - Community Centre, behind the church on the Sallins Rd, Thursdays 7.30pm

Newbridge - The Parish Centre, Tues at 8pm.

GROW is confidential, non-denominational, anonymous, open to all. No fees.

- **Call Ellen @ 087 2291718** or Office 01 8734029 or visit www.grow.ie



"I saw your ad in the Open Door" 29

CARS WANTED FOR CASH



- All makes & models
- Old or new
- Will call to inspect
- No obligation
- Fair prices

Phone 087-2662098

FÉACH ...

Support for Visually Impaired, Blind Children

Is your child blind or visually impaired? Would you like to meet other parents?

Contact Féach 41 Main St, Rathfarnham,

01 4931896, Fax 01 4901541,

email info@feach.net

www.feach.net

Turn Your TAP WATER

into pure bottled quality



DRINKING WATER

with a 3rd tap on your sink or whole house unit

Call 087-2662098

PRINTED MUGS

Full colour printed mugs with box and label

100 PIECES FOR JUST €450 + vat

Call 087-9448911

robert@promotionalgoods.ie

Ballyfermot Library

Books, Newspapers, Magazines, DVD's

Opening Hours - 10am to 5pm

Monday to Sat

T - 626-9324

ballyfermotlibrary@dublincity.ie

**BRING YOUR BUSINESS
into 6000 homes –**

**Straffan
Dog Groomers**

Competitive Pricing
Personal Service
Ph 083 8901300
Pickup / drop off
Servicing all areas



**VALUE
CARS
FOR SALE**

10 Qashqai 5dr, 1.5. diesel
00 Micra
06 Berlingo Van
08 Ssangyong Jeep
02 Focus



Part exchange considered
Phone 085-1053232

**ADL
LANDSCAPING**

Special offer Indian
sandstone patio 12 ft x 9 ft
supply & fit €649. All garden
work ... Free estimates ...

087-9587830, 01-6013109
www.olearylandscapes.com

**Oil Boiler
SERVICE**

Repairs 2 all makes of
domestic burners/ boilers.
Also plumbing and heating
repairs. Ph **01 6102432,**
086 8777092

**HOUSE
WANTED
TO PURCHASE**

3/4 bedroom, in Celbridge,
Leixlip, Maynooth, Lucan,
Enfield, Nth Kildare area ...
Private sale, no fees, no fuss,
and quick closure.

087-3975843 087-9411392

FOOTCARE

Nail Surgery,
Diabetes Specialist,
Sports Injuries,
Heel Pain Orthoses.
Chiropody
treatments Corns, Callus
Cracked heels etc.



Late Clinic appts, Home visits

Martina Blessing RGN, BSc (Hons)
Podiatrist/ Chiropodist, 12 The
Coppins, Castletown, Celbridge.

01-6272400, 087-2061139

Classified Ads

01- 6273219, 6106522
Deadline Mondays, 4.00pm
€5 for 15 words incl VAT.

• Email – info@theopendoor.ie

CAUTION...

While we ask you
to please support
them, the Open
Door cannot
vouch for its
advertisers...

French polishing and furniture repairs. Brass
polishing service. Joseph@ 089-4999380. The
Furniture Surgeon. (102p)

Kitten, black, looking for good home. 087 7552495
Chair lift in perfect working order for sale, €350.
Phone 01 6241105 / 085 1241258

For sale cot bed never used still in plastic, 2
mahogany armchairs newly upholstered, neutral
colour, wash hand basin, stand and taps etc.,
stainless sink with 2 drains and computer table.
Phone 087-7696318

**NISSAN QASHQAI
Qashqai Acenta 2010 Diesel**

Will consider a suitable part exchange.

Average 50+ mpg, 60 mpg on long drive, €50
diesel goes over 600 miles (1000 km), tyres as
new, NCT, low tax €280. Bluetooth, 6CD
player, cruise control, air cond, proper spare
wheel. Timing belt and pump replaced at 70k.
€11,750 ono for quick sale. A dream to drive!

Phone 087-9381997

Gutter & Window Cleaning, Safe, Clean, Reliable.
OAP Discount. Call Stephen: 086 3079517

For sale: small mahogany piano, perfect condition.
Phone 01-4589952

Handyman wanted, for carpentry and other work,
including painting. South Kildare area. 045-525699.

Are you looking for work? Recruiting in the Health
- Sports -Beauty industry. Call Martina 0860721561

COMPUTER LESSONS – one to one: Can include
Online Shopping, Emails, Household Budgets,
Letters, Spreadsheets - Seniors & Beginners
Welcome, Reasonable Rates, Mature Instructor -
Phone: Michael 086-1939074

Patient School of Motoring - 5 driving lessons -
get the 6th one free! Phone: 087-2514295.

Bed & Breakfast, Greenacres, Dublin Rd, Celbridge
Ph/Fax 01 – 6271163, ptmccabe@eircom.net

Spain, Alicante Torrevieja 2 bed apt available to
rent. Suit family, Airport pick-up, Ph 01-6284171

CUSTOM MADE FURNITURE, Millicent
Woodcraft - sitting room, bed room/ kitchen
furniture. Mick Manning - 087 9972823

Appliance repairs. Washing machines, cookers,
dish washers, dryers & refrigeration. No call out
charge on repairs. All areas, all brands, fast efficient
& affordable. Servizmagic. 087-6154234.

**ACCOUNTING TECHNICIAN
AVAILABLE**

for all

- Accounting, Bookkeeping,
- VAT and PAYE\PRSI needs
- Cash-flows and Special Reports

Phone 087-6538165

Dignity of Life at All Stages

A weekly prayer vigil and guided holy hour for the
protection of human life at all stages takes place in
the St. John of the Cross oratory, St. Teresa's
Church, Clarendon St. Dublin 2, every Wed
evening, 7 to 8pm (+ cup of tea!) *All welcome.*

Straffan Christmas Market

Saturday 3rd December 10 - 3:00pm

Arts, Crafts, Toys Christmas presents, stocking
fillers and much more ...Come for a coffee, chat,
mulled apple juice, buns, Choir singing...

Location: Church of Ireland grounds, Straffan,

Time: 10:00am - 3:00 pm

Bring the family, friends & neighbours

Maynooth Parish Notices

Food Appeal

St Mary's Church Maynooth Food Appeal Sunday
4th, 11th, and 18th December.

Last year the Parish very generously donated food
to the Crosscare food Appeal. Archbishop Martin is
asking all Dublin parishes this year to help collect
food for the food bank this Advent.

Maynooth Parish Social Justice Group will be
coordinating the collection of the food. When doing
your Christmas shopping, please remember those
who are less well off by including a few extra items
in yours shopping such as pasta/rice, fruit juice,
tea/coffee, soup, sugar, powdered milk, tinned
meat/fish, tinned veg/fruit, packaged dessert,
biscuits, nappies, and hygiene products or other non
perishable items.

All donated items will be delivered directly to the
Crosscare Food Bank in Dublin.

Food to be left into the Sacristy during Mass times.

**St Vincent de Paul Annual
Christmas Appeal**

The Annual Christmas Appeal for the Society of St
Vincent de Paul will take place at all Masses on
Saturday 10th and Sunday 11th December. It will
replace the SHARE collection.

All the money collected will be used solely
for those in need in Maynooth.

**Celbridge Concert Orchestra's
Annual
Christmas Concert**

Will be performed in The Celbridge Manor Hotel
on Sunday 11th December at 3pm.

Special guests are the Newbridge concert band.

Tickets (available on the door) cost €10 for adults, 5
euro concessions and under 16's are free.

All welcome.

**Handier-Man
Services**

All types of -

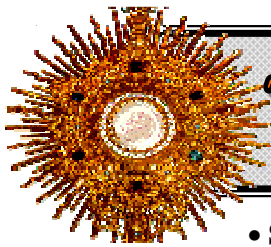
- Carpentry,
- Roofing,
- Gutters, Insulation,
- Painting. Fully Insured.



"No job too big or small"

Phone Michael

085 1846010



The Week Ahead

Second Sunday of Advent

• Sunday 4

Is 11:1-10, Psalm 71:1-2, 7-8, 12-13, 17,
St Matthew 3:1-12

John the Baptist is a prophetic voice for all ages: his message speaks to us today, for conversion is always part of the Christian way of living. Conversion to each other is called for by St Paul, so that we can be tolerant of each other, united in mind and heart.

• Monday 5

Is 35:1-10, Psalm 84:9-14, St Luke 5:17-26
The marvellous vision of God's saving love is expressed in some of the most poetic language of the prophet. This vision is realised in the life and works of Jesus Christ.

• Tuesday 6

Is 40:1-11, Psalm 95:1-3, 10-13,
St Matthew 18:12-14

Isaiah's words of comfort breathe the very spirit of Advent. The nation's slavery is ended and God will lead his people in a new Exodus. The road must be prepared for God to travel on.

St Nicholas is a fourth-century Bishop of Myra in modern-day Turkey of whom little is known. He is patron of Russia, of sailors, of pawnbrokers and of children.

• Wednesday 7

Is 40:25-31, Psalm 102:1-4, 8, 10,
St Matthew 11:28-30

The people are not to grow weary and tired, thinking that the Lord has deserted them. Those who hope in him will renew their strength, they will sprout wings like eagles. Jesus promises rest to the weary and overburdened.

St Ambrose, 340-97, became governor of the Roman province whose seat was in Milan. In 374, the laity insisted on his becoming bishop though he was still not baptised. He defended orthodoxy in brilliant preaching and through his writing. Patron of Milan, bee-keepers and domestic animals.

• Thursday 8

Gn 3:9-15, 20, Psalm 97:1-4, St Luke 1:26-38
The Immaculate Conception of the Blessed Virgin Mary.

We celebrate the Virgin Mary who, from the first instant of her existence in the womb of her mother Anne, was 'by a singular grace and privilege of almighty God, and in view of the merits of Jesus Christ, Saviour of the human race, preserved free from all stain of original sin'.

• Friday 9

Is 48:17-19, Psalm 1:1-4, 6,
St Matthew 11:16-19

The people of Jesus' own time have acted in

a self-willed way, never consistent nor satisfied, and have refused the offer of salvation. Neither the ascetical John, nor Jesus with his free and easy way at table with sinners, can bring them to faith.

St Juan Diego Cuauhtlatotzin, 1474-1548, saw the vision of Our Lady of Guadalupe in December 1531.

• Saturday 10

Eccles (Sir) 48:1-4, 9-11, Psalm 79:2-3, 15-16, 18-19, St Matthew 17:10-13

Going before Jesus in the spirit and power of Elijah, John bears witness to Christ in his preaching, by his baptism of conversion, and through his martyrdom.

Copyright Irish Episcopal Commission for Liturgy first published by Veritas Publications. Used with permission



The Pope's Intentions for December 2016

Universal: End to Child-Soldiers

That the scandal of child-soldiers may be eliminated the world over.

Evangelization: Europe

That the peoples of Europe may rediscover the beauty, goodness, and truth of the Gospel which gives joy and hope to life.

Loss & Bereavement

The Irish Hospice Foundation provides a range of training services in the area of Loss and Bereavement. Places on all workshops are limited - early booking is advisable.

The website is www.hospice-foundation.ie
A full list of all workshops can be found under Training. Further information info@hospice-foundation.ie or phone 01 6793188.

CELBRIDGE WHIST

Now in its 56th Year, every Monday night at The Mill, Celbridge, 8.45pm.

Admission €5.00 inc raffle & refreshments.

• Further info; Mary Donovan 01 6288174.
New players and beginners especially welcome!

Foróige in Kildare

If you are interested in joining Foróige as a member of volunteer, check us out on Facebook here: <https://www.facebook.com/pages/The-New-Kildare-foroige-page/685336028151770> or the national Facebook page

Facebook.com/Foroige and be sure to get in touch! You can also email kforoigenews@gmail.com or phone Stephen O'Leary Public Relations Officer for Foróige Kildare at 085 77352060

"I saw your ad in the Open Door" 31

BRING YOUR BUSINESS
into 6000 homes
every week-
(inc free internet coverage)

**THROUGH
THE OPEN
DOOR!**

01-6106522, 087-9381997
advertising@theopendoor.ie
info@theopendoor.ie
www.theopendoor.ie

**Peter Mulreid
Painter
& Decorator**

Painting, Papering, Coving,
Dado rails, all guaranteed. Ph
01 6273311, 087-6985291

**Legion of Mary
Leixlip
Branch**

A branch of the Legion of Mary has started in Leixlip and meets in the Parish Centre at 10.30am on Thursdays.
New members welcome.

**Bridge
in Maynooth
ACOL HOUSE
BRIDGE
CENTRE**

• BRIDGE CLASSES for
BEGINNERS (after classes) Thursday mornings 10-12 noon

• **Improver classes** continue on Wednesday mornings 10 to 12 ...
ALL WELCOME

Phone Liz
0872578526
acolhouse@gmail.com


Latin Mass

Dublin Latin Mass Chaplaincy
St Kevin's Church,
Harrington St, Dublin 8
**Traditional Sung
Latin Mass**
Every Sunday at 10.30 a.m.
Monday to Friday, 8.00
a.m., Saturdays 9.00 a.m.
www.latinmassdublin.ie
latinmass@dublin.ie
Phone 01 4758611

**Karma Hair Solutions
Wig Salon**
Hair Loss due to Alopecia
or Chemotherapy...
Medical Cards, credit cards
045 522634 087 4166025

**I'll Stop
Tomorrow!**
No 607 with Paul Campbell

Golden Chain
Catholic Supplies
DIRECT TO YOU – Post Free!

**FOOT
STOP**

Podiatry Clinic, Naas
For expert advice in footcare
045-895452
footstop@eircom.net
www.footstopfootclinic.ie

**PAINTER
DECORATOR**
SPECIAL OFFER

• Hall, stairs, landing
from €170
• Interior/exterior
• Free quotes, top quality
To avail of this offer now call
Greg 089 4490924

**APPLIANCE
REPAIRS**

Washing, machines,
Fridges, Cookers,
Dryers Dishwashers
American style fridge freezers -
domestic and commercial.
Home heating - oil burners
serviced and repaired.
Phone 083 1913742

Clutter Out!
Help with organising your
room/ house, Clearing attic,
dispose unwanted goods.

**Qualified interior
designer helping
with all decisions...**
www.westsidhomeandgarden.ie
Please call 087 6202989

**SEPTIC TANK
CLEANING**
Having your tank cleaned by
a licensed operator once a
year is the most cost
effective way to comply with
the new regulations?
Bio-cycle cleaning....
€20 discount with this ad!
Call Jim
045 851801 or 087 6041896,
www.septic tanks.ie

In a few weeks a New Year begins and with God's help it will be a better one. Many with an addictive personality seek to numb out the pain – alcohol being the primary mood altering substance.

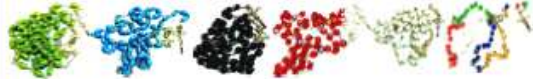
In this column I'm going to ask you and yours to reflect on what extent alcohol impacted on your lives – for sure it won't have been positive. I'm going to ask a series of questions and I would ask you to sit quietly by yourself and reflect honestly on the answers. I'm not going to apply scores; instead try and adopt the "to thine own self be true" proverb. If you are the partner of an alcoholic / problem drinker – fill in the answers anyway and then (when they are sober) ask them would they disagree with what you have written. Here goes:

- 1/ Has your spouse / partner ever complained about your drinking?
- 2/ Does your family sometimes express worry and concern about your drinking?
- 3/ Deep down do you think you have a "bit of a drink problem?"
- 4/ Can you always stop after four drinks?
- 5/ Can you always stop when you want?
- 6/ Are your buddies heavy drinkers?
- 7/ Do you ever drink and drive?
- 8/ Have you ever been arrested for drink driving?
- 9/ Does alcohol make your mood swings unpredictable?
- 10/ Do you ever drink before 11am?
- 11/ Has your partner / spouse ever threatened to leave you over your drinking?
- 12/ Have you ever lost a job over drink?
- 13/ Have you ever been reprimanded over your drinking?
- 14/ Have you ever been arrested over drunken behaviour?
- 15/ Have you ever ruined Christmas or another family function over drink?
- 16/ Do you ever drink secretly?
- 17/ Do you hide alcohol in house, car etc.?
- 18/ Has anyone in your family of origin got an alcohol problem?
- 19/ Deep down are you ashamed of your behaviour?
- 20/ Do you have the courage to do something about it? Get honest with yourself?


When I say do something about it what I really do not mean is stopping drinking straight away. Rather I mean you have the courage to pick up the phone and say "My name is x, I think I have a drink problem and I need help.

Those words will be the most important words of your life. There is no such thing as a hopeless case and as I say to my clients – "you don't come to me to stop drinking – you come to me to enjoy a great life. Trust me you don't need booze to have a great life!

Paul Campbell, Dip Psych, Dip Therapy



Rosary Beads in glass and lustre in – green, blue black, red, white and a 5 colour one. @ €5.00 inc Rosary leaflet & postage.

 **Brown Scapulars** in woven wool, long-lasting complete with 3 fold leaflet and the rite of enrolment... €1.00 inc post. (Quantity discount).

Also with miraculous medal attached +30cent. Order by phone, pay securely by card. 087-9381997, 016106522, www.theopendoor.ie

French TV Bans Smiling Down Syndrome Children!

France's Conseil d'État (State Council) banned the award-winning "Dear Future Mom" video from airing on French television due to concerns that the expressions of happy children with Down syndrome in the video were "inappropriate" because they might disturb women who had abortions.

"Dear Future Mom" was produced by the Italian Down Syndrome Advocacy organization CoorDown for World Down Syndrome Day.

The video features smiling children and young adults with Down syndrome from different countries reassuring a worried pregnant woman that her child can be happy and have a good life. The Global Alliance for Disability in Media and Entertainment has started a petition on Change.org, saying, "The Global Alliance for Disability in Media and Entertainment (GADIM) as an international disability and media organization acting within a framework of human rights and with the support of the video's creators CoorDown (Italy), respectfully asks the French government intervene to lift the ban."

"No other country has taken the position of France," the petition pointed out, "and in fact the video has received acceptance and acclaim worldwide and an outstanding 7.2 million views on YouTube alone and has received multiple international awards including 6 Cannes Lions at the prestigious Cannes Festival of Creativity." They add that "the discriminatory ban of the video sends the message that people with Down syndrome are unwelcome in society and has impacted the Down syndrome community around the world who have seen it as a rejection of the effort to challenge negative stereotypes and societal prejudices and to assert the equal and inherent value of the lives of people with Down syndrome."

- Top of the Town -
Dry Cleaners & Laundrette
Main St, Celbridge Ph 01-6288759, 087-2446365



Specialists cleaning -

- Wedding dresses
- Leather and suede
- Wax jackets, Rugs

36 years serving Celbridge www.drycleanerscelbridge.com

STOCK UP ON WINTER FUELS

SOLID FUEL & GAS DEPOT

Garden Centre, Leixlip Road, Maynooth (past Tesco)



- Calor Gas – drive in for all size cylinders
- 40KG Polish Coal • B n Mona Briquettes
- Turf • Logs per bag (also in 1 tonne bags)
- Kindling Wood pellets • Kiln Dried Timber



Queries / free local Delivery call Vincent 087- 6874485